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We already pay her \$200,000 a year. Now Premier Christy Clark faces questions about the salary 'top up' she earns from BC Liberals to attend big money fundraisers.

metroNEWS



British Columbia Premier Christy Clark THE CANADIAN PRESS

B.C. to act as leader in Zika surveillance

VIRUS

Experts aim to study long-term health consequences



Thandi Fletcher
Metro | Vancouver

Health officials in British Columbia are leading the development of a national surveillance network to monitor and collect data on Canadians infected with Zika virus.

Dr. Deborah Money, vice-president of research at B.C. Women's Hospital, said the goal of the initiative is to better understand the long-term health consequences of Zika virus, especially for pregnant women, as the infection has been linked to birth defects.

"It's still in development, but we are hoping to link the key experts in infection and pregnancy together across Canada," she told Metro in an interview. "We already have an established program of research together, so we're going to use that platform to try to study the Zika virus."

Money confirmed the initiative Wednesday during a lecture on Zika at the inaugural Women's Health Research Symposium held in downtown Vancouver.

In most people, Zika causes

only a mild and brief illness, at worst.

But earlier this month, U.S. health officials confirmed there is no longer any doubt the virus, which is transmitted by the Aedes mosquito, causes microcephaly, a condition in which a baby's head is far smaller than normal, along with other severe brain defects.

Two pregnant women in B.C. recently tested positive for Zika virus. They are among four confirmed cases of pregnant women in Canada who also have the infection and are being closely monitored by physicians, said Money.

While she could not disclose any details on the conditions of the pregnant women for privacy reasons, Money said researchers hope to be able to share de-identified information from the four cases to study the virus.

Researchers will compare the data to that being compiled by the U.S. Center for Disease Control to better assess the impact across North America, she said.

The ultimate goal, said Money, is to develop more extensive guidelines and help inform physicians caring for patients infected with Zika, specifically "in the context of the Canadian health-care system."

"Sadly, the data that is coming out is coming from very impoverished areas of South America with very limited pre-natal care," she said.

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Stop hugging dogs: Researcher

UBC

Expert says pooches feel anxious when embraced



Thandi Fletcher
Metro | Vancouver

Dog owners may find hugging their pooch helps relieve stress, but new research from the University of British Columbia finds the feeling likely isn't mutual for Fido.

While some dogs can tolerate being cuddled and squeezed by their human, Stanley Coren, psychology professor emeritus at UBC and a canine expert who has written several books on the subject, says the experience is stressful for most pooches.

"For people, hugging is an automatic expression of affection ... but we forget that dogs are not people," Coren told Metro. "I'm not saying that you shouldn't love your dogs. It's just the way in which you express that love."

In an article published recently in *Psychology Today*, Coren wrote that dogs are "cursorial animals," meaning they are designed to run quickly, especially in situations where they feel stressed or threatened. When humans wrap their

arms around a pooch, they inadvertently "form a corral using their hands and keep them from running away," he said.

"In a dog's mind, that means that if anything bad happens, they're trapped," said Coren. "It runs against their evolutionary brains."

Coren became interested in researching the effect of hugs on dogs after seeing his own pooches react during "Doggy De-Stress Day" at a local university, when puppies are brought on campus to help students unwind during exam week.

While hugging the pups helped the students relax, Coren said he realized it actually had the opposite effect on the dogs.

"The dogs were showing obvious signs of stress," he said. "They were turning their faces away, slicking their ears back, yawning, and licking the air or licking their faces— all that stuff is really quite obvious."

Realizing how little research had been done on the subject, Coren started searching for photos of dogs being hugged by humans on Google and Flickr.

After analyzing 250 images, Coren found 81.6 per cent of the photos showed dogs giving off at least one sign of stress. Only 7.6 per cent of the photos showed a dog that appeared to be comfortable with being hugged, while the remaining



A new University of British Columbia study has found that dogs feel stressed when people hug them. BILL PUGLIANO/GETTY IMAGES FILE

10.8 per cent of photos showed dogs that were either neutral or ambiguous to the close human contact.

"These are photos that people have posted on the web in order to show how much they love their dogs," he said. "Presumably, they think the

photos show how much their dogs love them, but the fact of the matter is that they are not recognizing these basic signs that their dog is being stressed."

Hugging a dog can also be a safety issue, Coren added. He said previous studies have

shown that people who were bitten in the face by a dog were often hugging the animal at the time.

If children see adults hugging a dog, they're also likely to do the same and are at risk of being bitten, he said.

Coren's advice? Dog lovers

can still express affection for their animals by giving them a pat or telling them how cute they are in a sing-song voice, he said.

"Or even better, reach into your pocket and pull out a dog treat," he said. "The dog will adore you for that."

“In a dog's mind, that means that if anything bad happens, they're trapped.” Stanley Coren

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Premier accused of conflict

POLITICS

Complaint filed over benefits from Liberal Party

Neal Hall
For Metro

Vancouver MLA David Eby filed an amended complaint Wednesday with the conflict commissioner, claiming the premier is in a conflict of interest from the "top-up" benefits she is receiving from the Liberal Party of B.C.

Eby initially filed a complaint with the conflict commissioner on April 1, alleging that Premier Christy Clark is receiving thousands of dollars a year from the B.C. Liberal Party, in addition to her premier's salary of almost \$200,000 a year, to attend party events, including fundraising dinners that charge up to \$20,000 per person.



Premier Christy Clark and former MLA Ben Stewart, left, leave a coffee shop after making a brief stop as she campaigns in Kelowna, B.C., in 2013. CHRIS STANFORD/THE CANADIAN PRESS

His amended complaint adds that the premier is also in conflict by receiving a personal benefit from the Liberal party, which is

paying for her lawyer to respond to Eby's initial complaint.

"It's totally unacceptable," Eby told Metro on Wednesday.

The premier's public interest appears to be in conflict with her private interests by accepting money from the B.C. Liberal party to attend fundraising events and

have her lawyer paid by the party, the NDP MLA said.

The fact that the amount the premier is paid to attend party events fluctuates "appears to be more of a commission rather than a stipend," Eby said.

B.C. NDP leader John Horgan said the fact the premier is be-

ing paid by the Liberals to attend fundraising events "speaks to the challenge we have with big money in politics."

He added: "These people are buying access to decision makers."

Horgan said average citizens in B.C. are likely offended to learn

\$195,468

Premier Christy Clark's. Bannual salary, which the Liberal Party supplements a speculated \$50,000 for her partisan event appearances.

that Clark is receiving a "top-up" from the party to supplement her salary of \$195,468.

Although the Liberals have not specified how much Clark is being paid by the party, there has been speculation that it's as high as \$50,000 a year.

Horgan said his party introduced a private member's bill earlier this month to ban corporate and union donations to political parties in B.C., which was rejected by the Liberals.

A province-wide poll done by Insights West last week found that 86 per cent of B.C. residents support a ban on corporate and union donations before the next election, including 81 per cent of B.C. Liberal voters and 91 per cent who voted for the B.C. NDP last election.



These people are buying access to decision-makers.

NDP leader John Horgan

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Assisted death in Oregon

Canada is not the first country to confront the difficult and often divisive debate over legalizing medical assistance in dying. After the federal government announced its plans, Canadian Press sent Vancouver reporter Laura Kane to Oregon for a look at the state's 20-year history with the issue.

THE CANADIAN PRESS

Months after he was diagnosed with stage-four lung cancer, his body wasting away and his voice reduced to a whisper, Ben Wald woke up his wife in the middle of the night and told her he was dying.

"I've had a good life. I love you," Pam Wald remembers him saying. "I just don't want to continue living like this. I want to explore Oregon's death with dignity law."

Pam didn't want to listen at first. After 43 years of marriage, she couldn't fathom the idea that her husband was dying. But the next night, he brought it up again.

"He looked me in the eye, and he said, 'I need your help.' I knew then I had to listen."

Wald is one of the 991 people who have used Oregon's Death with Dignity Act since it was passed in 1997.

As Canada debates its own assisted-death legislation, families say Oregon's law gave their loved one a sense of control and the chance to die surrounded by friends and family. But critics say the law robs families of precious final moments, with one expert saying the safeguards aren't strong enough to stop depressed people from getting the drugs.

Wald had to overcome a number of barriers while seeking a prescription in 2012 in Philomath, a rural community about 140 kilometres from Portland. His oncologist was reluctant to use Oregon's law, so he turned to advocacy group Compassion and Choices, which referred him to Dr. David Grube.

"Ben was so sick he couldn't even get out of bed," Grube recalled. "He was having trouble even completing sentences. He



Pam Wald holds a photograph of herself and husband Ben at her home in Philomath, Ore. on April 14. Ben Wald is one of the 991 people who have used Oregon's Death with Dignity Act since it was passed in 1997. THE CANADIAN PRESS/AP PHOTO/STEVE DYKES

usually weighed around 190. He weighed about 100 pounds. He looked horrible. But he was witty, and very alert."

Grube and a second doctor confirmed that Wald had less than six months to live, his judgment was not impaired and his decision was voluntary, all criteria of Oregon's law.

"Once he got the prescription, I had my husband back," Pam Wald said. "He was weak as hell, but he had a twinkle in his eye because he knew he was going to have his choice."



Before he closed his eyes, he looked at me and he said, 'Thank you.' Those were his last words.

Pam Wald of her husband Ben Wald

On May 4, 2012, a group of the couple's close friends came over. They sang and read poetry, and spoke with Wald privately in his bedroom. Pam Wald shared with the group her husband's final advice to her, which was, "Make people earn your trust," and "Live simply, act nobly and obey your heart."

After two Compassion and Choices volunteers prepared the medication, Pam Wald gave it to her husband. He consumed it quickly, falling asleep in five minutes and dying in two hours.

"Before he closed his eyes, he looked at me and he said, 'Thank you.' Those were his last words."

In Oregon, the language people use to describe using the law remains political, 19 years after legalization. Critics deliberately call the practice "assisted suicide," to the disdain of advocates who prefer "aid in dying" or the euphemistic "death with dignity."

Grube said deaths under the law have an entirely different emotional impact on families than suicides. About five years before the law was enacted, his neighbour, a cancer patient, killed himself with a shotgun.

"It was horrible for his family and horrible for me," he said. "Everybody wonders. I wondered: 'How come I didn't recognize he was feeling this way?' And there's the physical mess of it. It's so awful. Nobody grieves normally."

"Aid in dying is a planned thing, which is gentle and kind and the family usually is all there. So when the person dies, the family grieves appropriately."

Still, critics argue the final weeks and days of one's life before a natural death can be beautiful and that a hastened death isn't the answer. After Dr. William Toffler's wife was diagnosed with cancer and given months to live, she survived for five years.

"I wouldn't wish cancer on anyone. But the reality is that we were married 40 years and among the best years of my life and her life were the last five," he said.

The law requires patients be referred for a psychological exam if a doctor suspects they have depression or a mental illness, but these examinations are surprisingly rare. Just five of the 218 people who received prescriptions last year were referred to a psychiatrist.

In a 2008 study of 58 terminally ill residents, psychiatrist Linda Ganzini found that of the 18 people who used lethal medication to end their lives, three were depressed when they obtained a prescription.

"The current practice of the Death with Dignity Act may fail to protect some patients whose choices are influenced by depression from receiving a prescription for a lethal drug," she concluded. THE CANADIAN PRESS

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CD college

Rare cherry tree seedlings up for sale

ARBORICULTURE

University class cultivates varieties that are almost lost

Neal Hall
For Metro | Vancouver

Five years ago, a BCIT instructor began a project to save some of Vancouver's rarest flowering cherry blossom trees from extinction.

The project now has come to fruition — 400 seedlings have grown big enough to be planted outdoors — and BCIT is asking the public for help in giving the trees a new home.

The foot-high trees in the BCIT greenhouse will go on sale for \$20 each on Friday

April 29 from 2 p.m. to 5 p.m. in front of the Recreation Centre on campus, located at 3700 Willingdon in Burnaby.

"I expect them to bloom in two to three years," explained Keith Turner, a biotechnology instructor at the BC Institute of Technology.

More than 55 varieties were originally gifts from Japan to Vancouver after the First World War, but many disappeared over the years be-

cause of age, new housing development and urban sprawl.

In 2011, as part of a biotechnology class, Turner got his students to grow new trees in test tubes and once the trees got roots, they were put in pots. As they grew, they were re-potted.

The four rare cultivars of Japanese flowering cherry trees for sale are the Ojochin, Ito-kukuri, Fudan Zakura and Pink Perfection.



BCIT Instructor Keith Turner shows off the rare test-tube flowering cherry trees in 2009, with BCIT students Gavin Lim, left, and Crystal Chau. CONTRIBUTED/BCIT

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UNIVERSITIES

Sexual misconduct policies needed: Bill

British Columbia has introduced legislation requiring universities to have sexual misconduct policies in the wake of allegations that schools are failing survivors of campus violence.

The province tabled a bill Wednesday to compel post-secondary institutions to write and maintain policies to prevent and respond to sexual misconduct, including sexual assault, harassment and voyeurism.

"The thing about rape and sexual violence is that silence is the best friend of any rapist, and shame is their second-best friend," Premier Christy Clark said outside the legislature.

"Women need to know that we will always be safe when we report. We should never be discouraged from doing that. It's especially important for young people on campus who are starting their lives out of high school and into the adult world."

The Sexual Violence and Misconduct Policy Act would come into effect one year after royal

assent, giving institutions time to establish policies. The law would also compel universities to craft policies with input from students and review them at least once every three years.

The law is based on a private-members bill introduced by Green party Leader Andrew Weaver, who modeled it after recently-adopted Ontario legislation. If B.C.'s legislation passes, it will become the second province in Canada to mandate campus sexual assault policies by law.

The bill introduced by Clark's government expands Weaver's definition of sexual violence to include non-consensual distribution of sexually-explicit photos and videos, as well as the threat of sexual misconduct.

The government removed two notable sections from Weaver's bill — one, to compel universities to collect detailed sexual assault data, and two, to request the lieutenant-governor create penalties for non-compliance. THE CANADIAN PRESS



The thing about rape and sexual violence is that silence is the best friend of any rapist, and shame is their second-best friend.

Premier Christy Clark

IN BRIEF

No one group to blame for violence: Defence minister

Federal Defence Minister Harjit Sajjan says a series of shootings in Surrey is not the problem of a single community or ethnic group.

Sajjan cautioned against characterizing gang violence as a South Asian problem, noting gang violence and criminality are never isolated to specific groups.

Nearly three dozen shootings, several of them fatal, have been recorded in Surrey since January.

THE CANADIAN PRESS

There be dragons across False Creek

Vancouver's rapidly growing community of dragon boaters now has a new facility in False Creek.

The city and park board unveiled the six-dock facility at the southeast corner of False Creek, near Science World, on Wednesday, fulfilling long-term plans for expansion.

A park board release said dragon boating has been growing in popularity since Expo '86.

THE CANADIAN PRESS

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IN BRIEF

Canada pledges to send more aid to Ecuador

Canada is contributing another \$900,000 to earthquake-stricken Ecuador but has decided against sending the Disaster Assistance Response Team.

The latest donation brings Canadian assistance to Ecuador to \$2 million.

The government has also contributed to sending a Canadian Red Cross field hospital to help. Global Affairs says DART evaluated the situation and decided it was not needed.

THE CANADIAN PRESS

Rethink Saudi deal: Critics

The Liberal government must rethink its \$15-billion arms deal with Saudi Arabia, given the deteriorating human-rights situation, a group of peace and human-rights organizations urged.

Opponents of the sale of Canadian-made light armoured vehicles in the Middle East say it flies in the face of Justin Trudeau's promise to reinvigorate Canada's standing on human-rights issues around the world. THE CANADIAN PRESS

FINANCE

Corporate use of tax havens rises

Canadian corporations and individuals quadrupled the amount of money they transferred into tax havens last year, pouring almost \$40 billion into the tropical islands and European duchies that shield funds from Canadian taxes, newly released statistics show.

It was one of the biggest years ever for "investment" in tax havens — more than four times greater than the \$9 billion sent offshore in 2014. The total amount of wealth held in the 10 most popular tax havens now sits at \$270 billion.

"The problem is bigger than it has ever been," said Dennis Howlett, executive director of Canadians for Tax Fairness, which took foreign direct investment numbers from Statistics Canada to calculate the use of tax havens.

In 2015, \$13 billion went to the Cayman Islands, \$9 billion to Barbados and nearly \$8 billion to the Bahamas,

according to the statistics. Money sent to Switzerland shot up by 58 per cent over the previous year.

"And you have to remember, this is just the money that's been declared," said Howlett.

\$270 billion

The total amount of Canadian wealth held in the 10 most popular tax havens

The recent Panama Papers investigations carried out by the International Consortium of Investigative Journalists laid

bare the shady world of offshore tax havens. Dozens of reports have detailed how illicit money mingles with cash kept out of the reach of tax collectors in a network of shell companies that hide their owners' true identities.

Using international estimates, Howlett says there could be an additional \$100 billion in Canadian money stashed in undeclared — and thus illegal — offshore bank accounts.

TORSTAR NEWS SERVICE



These family photos show Reet Jurvetson, aged 18. Los Angeles police say they're investigating whether the young woman, found stabbed more than 100 times in 1969, is connected to the Manson family killings. CONTRIBUTED/TORSTAR NEWS SERVICE

'Little sister was savagely killed'

REET JURVETSON

Canadian was dumped near site of Manson killings

For decades, she was known simply as Jane Doe No. 59 — an unidentified body dumped with 150 stab wounds in Los Angeles in 1969 near the site of several killings perpetrated by the notorious Manson family.

On Wednesday, a Canadian connection was confirmed in the 47-year-old cold case when the murdered woman was identified as Reet Silvia Jurvetson, a 19-year-old Montreal resident who'd gone to Los Angeles that year.

"Jane Doe No. 59 now has a name," Anne Jurvetson, Reet's sister and the last living member of her immediate family, said in a statement. "She had one all along, but

no one knew."

Jurvetson said she's hopeful the news will help provide authorities with leads or fresh information.

"My little sister was savagely killed," the Quebec woman wrote in a four-page testimonial dated April 18.

Anne, now 73, had been in contact with the LAPD since 2015, when Reet's friends

metres from the site of several Manson family murders long fuelled speculation that Jurvetson's case was connected.

Los Angeles police Det. Luis Rivera told People Magazine, which broke the story, investigators can't rule out the Manson family's involvement in the killing.

Charles Manson achieved notoriety in 1969 as the leader

"Jane Doe No. 59 now has a name. She had one all along, but no one knew. Anne Jurvetson"

saw a post-mortem picture, noticed a resemblance and alerted her.

A DNA match positively identified Jurvetson as Jane Doe No. 59, whose corpse was found Nov. 16, 1969 by a bird-watcher in dense brush off the iconic Mulholland Drive. She had been stabbed 150 times and didn't have identification.

But the location and timing of the killing just a few kilo-

metres from the site of several Manson family murders long fuelled speculation that Jurvetson's case was connected.

Rivera told The Canadian Press there is nothing firm as of yet that would allow authorities to connect the slaying to the Manson clan.

THE CANADIAN PRESS



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A woman gives first aid to an injured victim following a bombing in Bursa, Turkey, on Wednesday.
AFP/GETTY IMAGES

Suicide bomber strikes in Turkey

BURSA

Officials say none of the 13 wounded were critically hurt

A female suicide bomber blew herself up in a historic district of Turkey's fourth largest city on Wednesday, wounding 13 people, according to officials.

The assailant was "aged about 25" and only fragments were left of her body after the attack in the city of Bursa, said Turkey's health minister, Mehmet Muezzinoglu.

He said 13 individuals were wounded in the attack but none of them were in critical condition. Another seven people sought medical attention over ear pain and hearing problems as a consequence of the blast.

Turkey, which is facing growing blowback from the conflict in Syria and renewed conflict with Kurdish

militants, has recently witnessed an uptick of such attacks. In the past year, more than 200 people across the country have been killed in seven suicide bombings, including Wednesday's.

Bursa Governor Munir Karaloglu said authorities were still trying to determine the identity and affiliation of the at-

of people fleeing the area as police and ambulances rushed to the scene.

The attack occurred a day after the United States issued a new warning to its citizens about "credible indications" of terrorist threats against tourist areas in Turkey.

Kurdish militants, who have been fighting state security

These terror attacks will not cause Turkey to step of back from its resolute stance to fight terrorism.
Turkish Prime Minister Ahmet Davutoglu

tacker. He denied reports that two other accomplices were seen fleeing the scene, saying they were citizens fleeing in panic and that the woman acted alone.

The explosion ripped through an area that is home to an Ottoman-era mosque and bazaar in the northwestern city, which is a popular tourist destination for both locals and foreigners. Turkish TV channels broadcast footage

forces in a renewed conflict in the southeast, have claimed two such attacks recently.

But the main perpetrator, according to Turkish authorities, has been Daesh, which controls territory in neighbouring Syria and Iraq. The extremist group is known to have cells in Turkey but never claimed responsibility for any of the suicide attacks on Turkish soil.

THE ASSOCIATED PRESS

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PHILIPPINES

Experts seek to identify body

Police forensic experts are trying to determine if the headless body of a Caucasian man that was found by villagers in the southern Philippines was that of a Canadian hostage who was beheaded by Muslim militants earlier this week.

John Ridsdel, 68, was beheaded after the Abu Sayyaf did not receive a large ransom it had demanded by a Monday deadline.

Fellow Canadian Robert Hall, a Norwegian and a Filipino woman who were kidnapped with Ridsdel in September are still being held by the militants, along with about 20 other foreign hostages.

President Benigno Aquino III says that the Abu Sayyaf militants who beheaded Ridsdel may have plotted to kill him and kidnap boxing star Manny Pacquiao.

Aquino says the militants also wanted to explode bombs in metropolitan Manila to try to get funding from Daesh but the plans were uncovered and troops have reduced the group's ability to inflict harm. Aquino, whose six-year term ends in June, says he sent a letter expressing condolences to Ridsdel's family, describing his death as appalling.

He vowed "to devote all my energies" to ensure that the extremists would be "at the very least ... a very seriously degraded problem" for his successor.

While he has forged a peace pact with a larger Muslim rebel group, Aquino said there is no possibility of engaging in talks with the brutal Abu Sayyaf.

"We have always believed in the power of dialogue, development and positive engagement over arms," Aquino said. But of the Abu Sayyaf: "You have chosen only the language of force and we will speak to you only in that language." THE ASSOCIATED PRESS

Trump struggles to explain 'America first' foreign policy

U.S. ELECTION

Front-runner goes for sober tone to appear presidential

Donald Trump strained to lay out a clear vision of his "America first" foreign policy on Wednesday, vowing to substitute hard-headed realism for what he called a post-Cold War era replete with U.S. national security failures.

Yet the Republican presidential front-runner outlined no strategy for how he'd make the

United States at the same time a "consistent" and "unpredictable" force in the world. And he didn't appear to allay the concerns of U.S. and international critics — Republicans at home as well as Democrats — who see him as unfit for the responsibilities of commander in chief.

"'America first' will be the major and overriding theme of my administration," Trump declared, echoing motifs from his campaign that is now close to sealing the GOP nomination.

Delivering his lines in a more sober, restrained manner than usual to cast himself as presidential material, the billionaire businessman and reality TV star

toned down or omitted several of his most explosive — and oft-repeated — barbs. He made no reference to forcing Mexico to pay for a wall across the nation's Southern border.

Instead, Trump took aim at President Barack Obama's embrace of an Iran nuclear agreement, Obama's failure to eliminate Daesh and other examples of what he termed a foreign policy of "randomness" and "chaos." His criticism extended to Republicans, too, assailing President George W. Bush for the Iraq war.

"My foreign policy will always put the interests of the American people and American security above all else," he said.

+ TED CRUZ

Meanwhile, Republican presidential candidate Ted Cruz tapped former technology executive Carly Fiorina — a woman who he said has repeatedly "shattered glass ceilings" — to serve as his running mate.

The U.S. approach to fighting Daesh will be "strong" under a Trump administration, he vowed, offering no indication of troop levels he might authorize. He intends to ease tensions with

Russia while negotiating "from a position of strength," but he wouldn't say what that means for U.S. sanctions punishing Moscow for annexing Ukrainian territory. He said he'd balance America's massive commercial deficit with China "quickly," without a word about tariff policy or existing trade agreements.

Trump also contradicted his own broad-brush approach to foreign policy. He said at one point that the best way to achieve his goals was through "disciplined, deliberate and consistent" policy. Later, however, he exhorted the nation to "be more unpredictable" in how it combats enemies.

THE ASSOCIATED PRESS



MIGRANT CRISIS

Greece builds more camps as deportations continue

Migrants and refugees are depicted in these photos at a makeshift camp at the Greek-Macedonian border near the village of Idomeni on Wednesday.

Greece continues to send migrants to Turkey as part of a European Union-Turkey agreement aiming to stop the flow of refugees and migrants across the Aegean to Europe's more prosperous heartland.

Greece said Wednesday it would construct a further four camps for them, in an effort to gradually clear an impromptu camp.

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'Made in Canada' claims may be false

RETAIL

Moose Knuckles in hot water with Competition Bureau

The CEO of the "Canadian" Moose Knuckles apparel company said Wednesday that not all their parkas are made in Canada, after the Competition Bureau filed an application to have them brought before a tribunal for falsely marketing the brand.

"We make some of our parkas in Canada and some in other countries," said Ayal Twik in an email.

"The coats are clearly marked. One coat would say 'made in Canada' on the content label if it was made in Canada and another would say 'made in Vietnam' if it was made in Vietnam.

"I believe we are very clear on where our goods are made by putting in a country of ori-



Models walk the runway at the Moose Knuckles Korea Launching Show at SongEun Art Space on August 30, 2013 in Seoul. GETTY IMAGES

gin tags on our coats, and listing them on our website. Many Canadian companies are proud to be Canadian and advertise that fact even if they do not make their goods in Canada," wrote Twik.

Moose Knuckles winter coats retail on-line and in specialty stores for \$600 and up.

The brand was in the news

in November, when Sophie Gregoire Trudeau, Prime Minister Justin Trudeau's wife, wore one of its red-and-black plaid jackets in London.

"The Bureau is seeking an end to what it believes to be false or misleading 'made in Canada' representations," according to a release from the Competition

Bureau.

The Moose Knuckles parkas are mostly manufactured in Vietnam and elsewhere in Asia, according to the Bureau, which filed an application with the tribunal on Wednesday.

Only the finishing touches, such as adding the trim, zippers and snaps are done in Canada, according to the Bureau. The bureau is seeking a penalty of \$4-million for the company and unspecified compensation for consumers.

The bureau launched an investigation following a complaint, spokesperson Phil Norris confirmed.

He would not say whether it was a consumer or a competitor.

The application will be considered by the Competition Tribunal, which is essentially a court for competition matters. Each side will present its case and evidence will be reviewed, said Norris. He could not say how long that might take.

TORSTAR NEWS SERVICE

FOOD

More chicken in your McNugget

Like the indestructible Twinkie, Chicken McNuggets are practically a culinary punchline, a symbol of hyper-processed fast food with a list of ingredients that reads like a chemistry exam. But now McDonald's wants to take at least some of the mystery substances out.

The world's biggest hamburger chain says it is testing a version without artificial preservatives.

It's the latest move by McDonald's to try to catch up with changing tastes and turn around its business.

The new McNugget recipe is "simpler," and "parents can feel good" about it, the company said.

While McDonald's did not give full details about what is or isn't in the test recipe, it said the new McNuggets do not have sodium phosphates.

Also, the McNuggets will not be fried in oil containing the artificial preservative TBHQ.

Chicken McNuggets have become a mocked symbol of heavily processed fast food since they were introduced in the 1980s.

The breaded and fried nuggets are made of ground-up chicken rather than intact chunks of meat and are delivered to stores frozen.

The company said it began testing the new recipe in about 140 stores in Oregon and Washington in March. The test was first reported by Crain's Chicago Business.

As people pay closer attention to food labels, companies across the food and drink industry have adjusted recipes to remove ingredients that may sound unappetizing.

THE ASSOCIATED PRESS



McDonald's said it began testing the recipe in Oregon and Washington. ISTOCK

PIPELINES

Trudeau fires back at critics

The prime minister pushed back Wednesday at federal Conservatives critical of his position on pipelines as he visited Saskatchewan where he was to meet with one of his sharpest critics.

Low energy prices are battering the province's economy

and have Premier Brad Wall's government in the red, but Justin Trudeau opted to repeat his often-used line that the Conservatives had years to build a pipeline while in government and couldn't get it done.

Trudeau said getting re-

sources to market is a key responsibility of the federal government and the best way to get a pipeline built is to co-operate with communities and First Nations along the route and to respect their concerns.

THE CANADIAN PRESS





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EMMA TEITEL ON THE DANGERS OF UBER

If you're a young woman who travels alone, the argument that one form of transportation is disproportionately more dangerous than another is unconvincing.



Two years ago, when I downloaded Uber, the American ridesharing service that's uprooting conventional transportation one complimentary water bottle at a time, safety was not at the top of my mind.

Uber was a godsend that ferried me to and from bars and appointments quickly and cheaply in the dead of Canadian winter.

But safety was — and still is — at the top of someone else's mind: my mother's.

To this day, every time I open the app in her presence, she wants to know: "Why do you trust Uber?" "And what is UberX, anyway?"

I try to explain that the latter is not a naughty version of the former (it's just cheaper) but my mom's mistrust of the ride-sharing service remains intact.

"Who knows who is driving you around?" she asks.

To which, I usually respond: "Actually, I do. His name is Vlad. He drives a Toyota Camry."

But she's adamant: "Take a taxi. I'll pay for it."

(I have a theory that conventional cabs have Uberway moms to thank for at least 15 per cent of their current business).

The question is: are Uberway moms needlessly paranoid or are they actually right to shun the New Lift Order?

Is there something uniquely dangerous about UberX, particularly for women? Lately, to my mom's credit, it

appears there is.

On Tuesday, police in York Region, outside of Toronto, announced that they are investigating an alleged assault associated with the service; a woman said an Uber driver sexually assaulted her.

This allegation is not an anomaly; dozens have been reported across North Amer-

ica in recent years. In September, a 25-year-old woman in Toronto alleged that her driver assaulted her. In Los Angeles this year, a man was arrested after he allegedly posed as an Uber driver, lured a woman into his car and sexually assaulted her.



Among the charges levelled at Uber is that it's unsafe for women. Well, what form of transportation isn't? GETTY IMAGES

death in one evening, picking up and delivering fares in between killings.

But I'm not convinced, despite prophecies of doom from a terrified cab industry, that Uber is the spawn of transit Satan.

There is plenty wrong with the service — a culture of secrecy around its safety re-

cord and, according to many of its employees, a history of underpaying drivers.

But almost everything that Uber has been accused of safety-wise in recent days, holds just as accurately for taxis.

In 2014 a Halifax cabbie was convicted of sexually attacking a female passenger.

And far as the claim that cabbies everywhere are invariably both better regulated and screened, between 2014 and 2015, 100 drivers with known criminal records (including convictions for

drug dealing and offences barring them from driving) were licensed by taxi companies in the U.K. jurisdictions of Liverpool and Sefton.

On a personal note, I have been made to feel uncomfortable by both taxi and Uber drivers.

The former have expressed — unsolicited, and on more than one occasion — their opposition to same-sex marriage, while the latter have remarked, questionably, on my personal habits.

There was, for instance, the Uber driver who dropped me off one day at a waxing salon.

"Your boyfriend must be pretty stoked about your appointment today," he said, clearly presuming I was there for a Brazilian wax; I was getting my moustache removed.

All this is to say, if you're a young woman who travels alone, the argument that one form of transportation is disproportionately more dangerous than another is unconvincing.

Uber may not be a bastion of safety but I doubt it is any more hazardous than a conventional cab, or at other times, a walk down an unlit street. (Or for that matter, a well-lit one).

What it is, however, is new. And new things scare us.

But despite the cash-free ride and the slick marketing, it's an old idea: in the name of convenience we entrust our lives to people we have not met before, and we hope for the best.

Taking a ride with Uber or an old-fashioned cab, we're flouting a piece of classic advice from my mother, and yours: "Never get into cars with strangers."

Emma Teitel is a national columnist for the Toronto Star.

ROSEMARY WESTWOOD

Labiaplasty trend shows vagina shame is real — and really preventable

Oh, vaginas.

We love to ogle them (Game of Thrones is practically addicted) — except, not them, per se, so much as the kind that resembles the pale, U-shaped nothingness between Barbie's legs.

If we were that keen to look at all vaginas, girls in the U.S. might not be seeking plastic surgery for medically questionable labiaplasty, which isn't even recommended for adult women by the Society of Obstetricians and Gynecologists of Canada.

The procedure alters the look of women's genitals generally for the sake of altering the look of women's genitals.

It has not been proven to increase pleasure, and could actually reduce it via scarring, according to the American College of Obstetricians and Gynecologists. "Vaginal rejuvenation" sold to older women is pure marketing fantasy, the SOGC says. And while the procedure is sometimes done to relieve labia pain (yes, a thing) it's rarely advertised that way.

Perhaps that's why last year saw an 80 per cent increase in the number of girls under 18 who got labiaplasty in the U.S. (400 in total), according to the American Society for Aesthetic Plastic Surgery. To combat the rates of labiaplasty in both countries, gynecologists are being told to offer counselling to patients — especially young patients — and to help women appreciate their own anatomy. In other words:

Women don't know enough about their vaginas to know what normal looks like.

The fact is, vaginas are more varied than apple species. They have more diversity than a Liberal cabinet. And they do not all look like taut hammocks.

I'm embarrassed to say, I had no idea how different they could look until I came across an artist who makes casts of women's vaginas to convince them their bits look good. All the shapes and sizes genuinely shocked me, but why wouldn't they? The vagina in pop culture is more uniform than the houseplant.

Perhaps if we showed that variety and talked about how vaginas function (did you know the labia change during pregnancy and menopause?), we might not have this labiaplasty problem.

Instead, the idea that vaginas are gross/dirty/unspeakable endures. Women are still marketed vaginal wipes (penises being perpetually fresh). Trolls demean women with the C-word. Donald Trump slaps Hillary Clinton's "woman card," reduces her entire campaign to her vagina, and it's no compliment.

I'm not smitten with the love-your-body-movement, which sets a sky-high bar for self-worship. But I could get behind a love-your-vagina spinoff, especially one targeted to girls. After all, what's the point of growing up in Internet age, if not to finally free the V?

I'm not convinced, despite prophecies of doom from the cab industry, that Uber is the spawn of transit Satan

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BOOK EXCERPT EPIPHANY: A CHRISTIAN'S CHANGE OF HEART & MIND OVER SAME-SEX MARRIAGE, BY MICHAEL COREN

'I spoke of unconditional love'



Michael Coren is a well-known author, radio personality, columnist, Metro contributor and speaker, who, until last year, was considered a champion of social conservatism in Canada.

Coren has had a profound spiritual and personal change of heart. His book, *Epiphany: A Christian's Change of Heart & Mind over Same-Sex Marriage*, is an examination of how and why that happened.

In the summer of 2015 I was asked to preach at Toronto's Metropolitan Community Church (MCC).

MCC is not exclusively gay but its central theme, its charisma if you like, is outreach to LGBT people, and in all of its many international branches it is at the heart of the struggle for full equality. Indeed, in Toronto its leader, Brent Hawkes, is one of the most high-profile, visible, and eloquent leaders of the gay community. It was Brent who invited me to speak at the church — we had known each other for years because we often appeared on opposing sides on television and radio panels; neither of us ever thought we'd be embracing, close to tears, in front of the altar of his church. I'd spoken to hundreds of groups for more than a decade and hadn't felt nervous for a long time but was most definitely nervous this time. How many of these people had I hurt, how many had

lives made more difficult by my writing and broadcasting? I'd never hated but I had given an intellectual veneer to the anti-gay movement, had enabled — even unintentionally — some muddy bigotry. Yes, I was nervous, and a little ashamed.

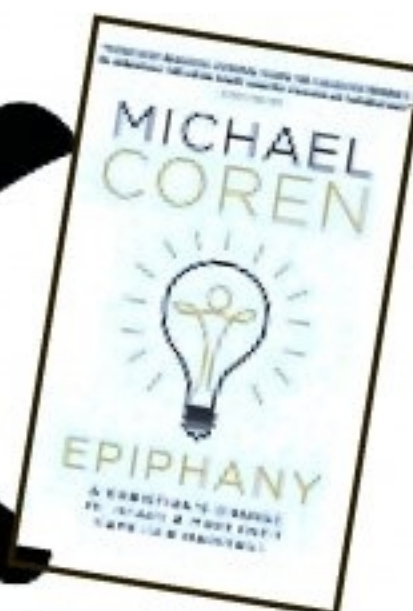
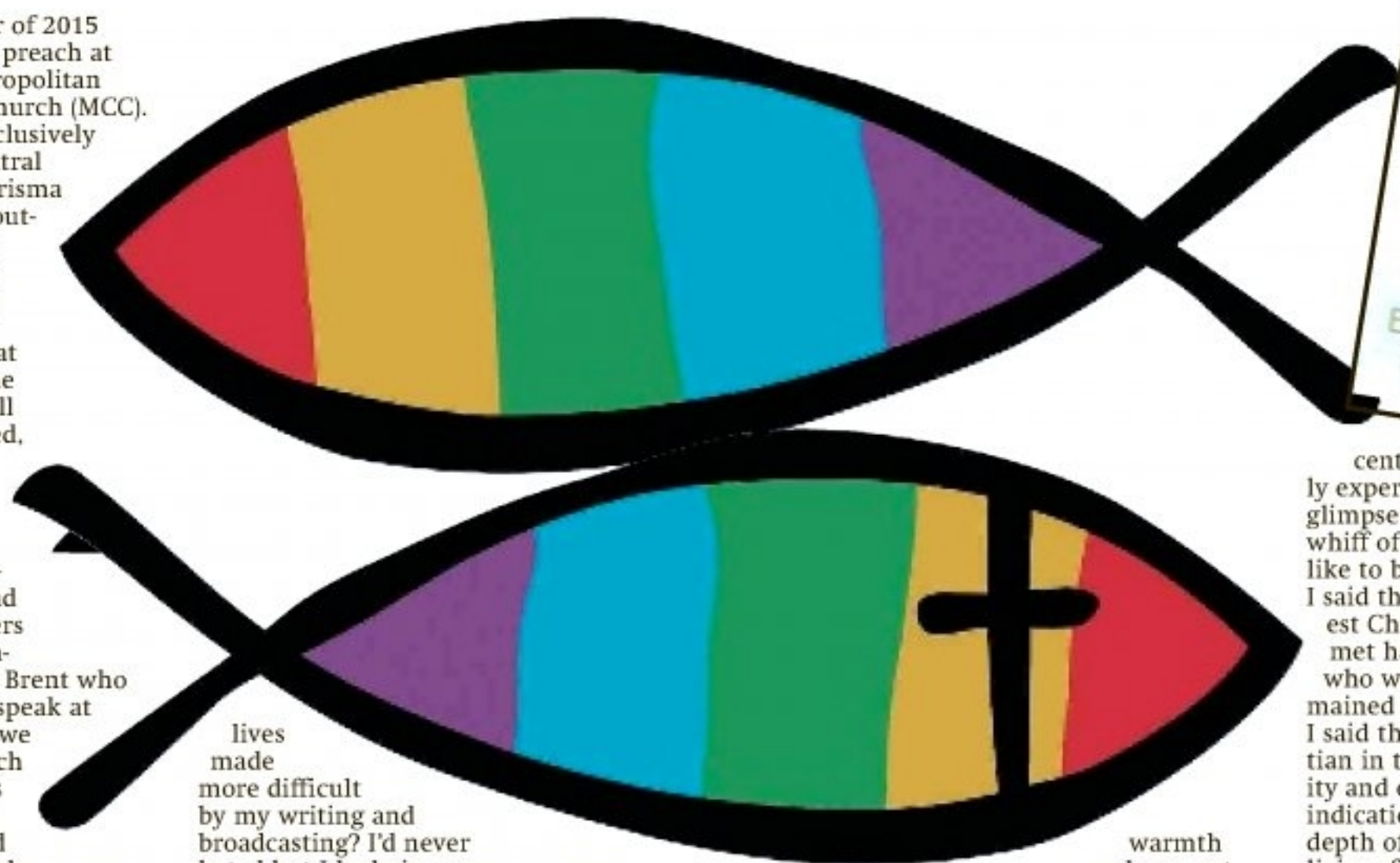
There were two services, with a combined congregation of around seven hundred men, women, and some children. And as I walked in on that hot, rainy

morning, I was sensing no condemnation, no cynicism, no grudges. As an emotionally constipated Englishman, I was several times close to weeping as I witnessed a feeling of authentic Christian community that I have, with all due respect, not always found in mainstream church settings. I saw collectives of

warmth and support, groups of people from various ethnicities, backgrounds, sexualities, and experiences united in acceptance. After so many months of abuse, accusations, and firings, my sense of liberation was exquisite. I told them that as a straight man who had reversed his position on gay rights and equal marriage, I had re-

cently experienced a glimpse of a shadow of a whiff of what it must be like to be a gay Christian. I said that some of the finest Christians I had ever met had been people who were gay and had remained true to Jesus Christ. I said that remaining Christian in the face of hostility and even vitriol was an indication of an enormous depth of faith and was a living, fleshy example of a glorious mystery.

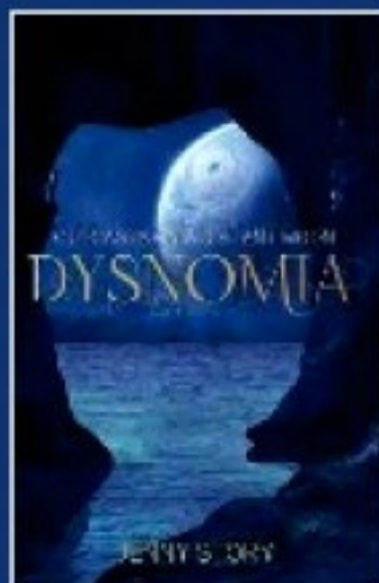
I spoke of unconditional love, of what scripture actually said about sexuality rather than the popular and misguided caricature of Biblical truth that we are so often offered. I said that the only absolutes were grace and love. Never has a standing ovation felt so true, so good, and so pure.



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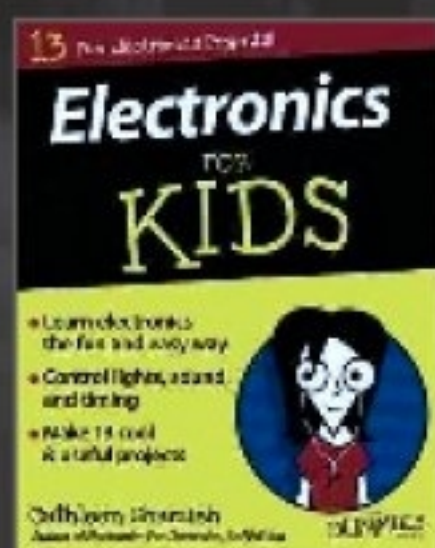
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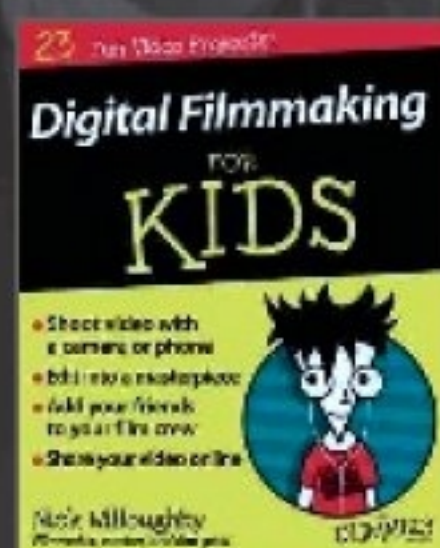
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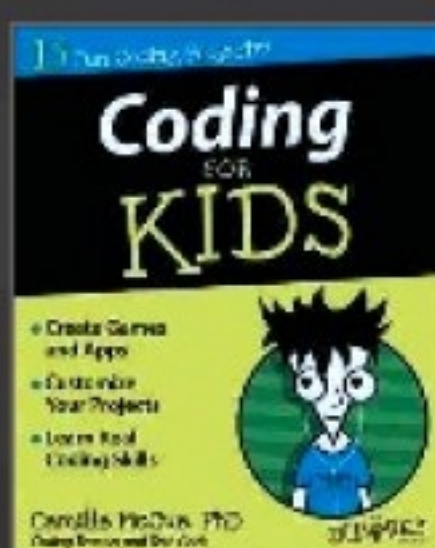
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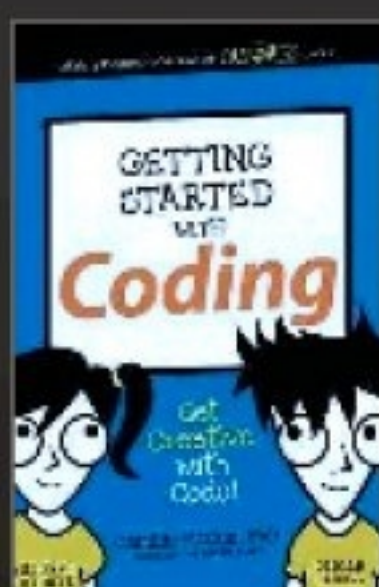
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Gossip **metro**LIFE

Who is Becky with the Good Hair?

Since Beyoncé dropped her visual album Lemonade, internet sleuths have been trying to figure out who the mysterious “Becky with the good hair” is. Here, the prime suspects. **TORSTAR NEWS SERVICE**

Rita Ora

Evidence: The Jay Z protégé Snap-chatted herself in a bra with illustrated lemons on it while wearing a “J” pendant. She then Single White Female-ed Beyoncé by wearing the same Gucci jumpsuit from Bey’s Formation video.

Hair: Fabulous
Is she Becky? Actually, we’re pretty sure she thinks she’s Beyoncé.



Mya

Evidence: When asked by TMZ if Beyoncé was digging up old rumours that Mya had an affair with Jay Z, the Lady Marmalade singer declared herself “not guilty.”

Hair: Well, in TMZ’s video it’s in a ponytail under a baseball cap, so... exonerated?

Is she Becky? No way — don’t pull Mya into this, TMZ!



Iggy Azalea

Evidence: Iggy volunteered that she had been called out as Becky in the past, but it had nothing to do with Jay Z. “Generalizing any race by calling them one stereotypical name for said race, I personally don’t think is very cool,” she tweeted, adding, “Do you know how many times ppl have called me BECKY?”

Hair: Becky-ish
Is she Becky? The Becky? No. A Becky? Arguably.



Lori Loughlin

Evidence: Loughlin retweeted a meme of her Full House character, captioned “Becky... with the good hair,” commenting, “wasn’t me!”

Hair: Good? It’s great!
Is she Becky? She will always be Becky, but something tells us that if Jay Z was only binge-watching Fuller House, Beyoncé wouldn’t be wielding a baseball bat.



Everyone

Evidence: A source told Page Six that “Becky with the good hair” is “many girls” that Jay Z has strayed with, all of which, presumably, had overpoweringly beautiful hairstyles.

Hair: Every hairstyle of the rainbow.
Are they Becky? Like the killers in Scream, it wouldn’t surprise us if there was more than one.



You

Evidence: Go and pick up another bottle of that shampoo, because you are “Becky with the good hair”! Or so goes the logic of Beyoncé’s father Matthew Knowles, who deflected lyrics suggesting that he hit Beyoncé with a strange interpretation. “Can I tell you who she’s talking about? She’s talking about you,” he told E! News. “You put that in context for you personally. She’s talking about you and everybody that is you, that’s who she’s talking about.”

Hair: It’s good... just like in the song!
Are you Becky? If you have to ask, it’s too late.



MEET THE CONDO

Urban oasis in Burnaby's Deer Lake

Project overview

Release III at Savile Row is now selling. This collection of park-side townhomes in Burnaby's Deer Lake community fuses city living with Mother Nature, giving residents the best of both worlds. Interested buyers should hurry though – there are only two homes left!

Housing amenities

Residents can choose one of three custom colour palettes designed by Vancouver-based I.D. Lab. The interior boasts an open layout, high ceilings and expansive windows. Common spaces include a children's play area, an entertainment clubhouse and a gym with a yoga/spin studio.

Location and transit

Metropolis at Metrotown and Brentwood Town Centre are five minutes by car, while getting to Vancouver can be done in under 20. Savile Row residents can also commute by SkyTrain, with three stations nearby. If not transit, the neighbourhood is home to a large network of bike paths.

In the neighbourhood

Savile Row residents have access to more than 1,400 acres of parkland, trails and lakes. From shops to supermarkets, community centres to cafes, schools to skating rinks, amenities are endless. Whether it's the Burnaby Village Museum, Riverway Golf Course or the tennis club, Savile Row is a stone's throw away.



+ NEED TO KNOW

What: Savile Row Builder: Woodbridge Northwest Communities Designer: GBL Architects; I.D. Lab; Durante Kreuk Location: Canada Way and Sperling Avenue, Burnaby Building: Townhomes Sizes: From 400 square feet to 1,358 sq. ft. Model: Studio to two-	bedroom garden-level flats and two, three and four-bedroom townhome options Pricing: TBD Status: Pre-sales Occupancy: Summer 2018 Sales centre: 4991 Claude Ave. Phone: 604-833-1606 Website: liveatsavilerow.com
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Eat local, shop local, live local

Surrey's Whalley neighbourhood is a historic district on the edge of change.

Named after enterprising bootlegger Arthur Whalley, who settled in the area in the early 1920s, it's a neighbourhood of many stories.

Now, Whalley is experiencing a major building boom, becoming one of the fastest growing, most densely populated districts in Surrey.

For good reason. Whalley's amenities are great for families and buyers looking for a neighbourhood where they can invest in a home and put down roots.

The area's parks are plentiful and well-maintained — just the places to have nearby whether you're a single person or couple on your daily exercise route, or a young family looking for a place to play and relax. Green Timbers Urban Forest, Bear Creek Park and the recently renewed Holland Park are all close by.

The area's shopping areas provide incredible ease of access too. Central City mall is home to more than 140 stores and services.

It's also home to Central City Brewpub, a homegrown craft brewery where you can stop in to taste a flight of local beer.

Central City Mall also houses the state-of-the-art Surrey Campus of Simon Fraser University.

These amenities are all part of the rejuvenation and redevelopment of Surrey's City Centre. Thanks to millions of dollars invested in the area over the past decade, it's now home to the beautiful new city hall, and to the new library, designed by renowned Vancouver firm Bing Thom Architects.

Surrey City Centre is also home to the newly expanded Surrey Memorial hospital, RCMP headquarters, Chuck Bailey Rec Centre and two SkyTrain stations — Gateway and Surrey Central.

"Surrey's explosive growth is the foundation for the next generation," says Charan Sethi, president of Tien Sher, the developer of several real estate projects in Surrey, including Venue, a new development in Whalley. "Surrey is now officially a major business and cultural hub — and it's only going to keep growing."

By 2031, the population of City Centre is expected to double.

The Whalley neighbourhood is packed with personality that residents will enjoy. Stop at locally owned diners, restaurants, bistros and brewpubs. Taqueria Jalisco, a neighbourhood gem, features home-cooked, authentic Mexican food. Afghan Bakery serves up fresh, home-made Afghan food and has been hailed for the best donairs in town. And there are many more.

Old-time barber shops, bowling alleys and roller rinks make the area a fun, retro destination. When you're grocery shopping, stop at a local ethnic food market or farmers market for fresh, locally grown and made culinary delights.

"Whalley has strong roots," says Sethi. "It's becoming one of Metro Vancouver's cultural hubs," says Sethi.

out the home, including quartz countertops, durable and attractive laminate hardwood flooring, polished chrome hardware and glass and porcelain tiles.

The kitchens come fully equipped with a stainless steel energy star appliance package by Frigidaire, including an electric range with ceramic cooktop. The convenient, under-cabinet task lighting provides enough light for your meal prep, and mood lighting for your next dinner party.

The bathrooms feature elegant floating vanities and undermount sinks, as well as efficient details like water-saving, dual-flush toilets.

The shared spaces at VENUE will be equally enjoyable, providing VENUE residents with an impressive set of amenities.

The fully equipped fitness facility located right in the building means you won't need that gym membership anymore. You can work out in a residents-only space located just one minute from your front door. VENUE's 2,100-square-foot rooftop deck is the ideal place to host a summer get-together, with its barbecues, outdoor fire-pits and attractively landscaped multipurpose area. Whether you're celebrating with friends or looking to get to know your neighbours, it's the place to be.



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Affordable luxury

Luxury and affordable homes are still available in Vancouver in the up-and-coming neighbourhood of Whalley in Surrey.

Homes at VENUE, a new five-storey low-rise condominium building in the neighbourhood are the latest example.

The wood-frame building offers 141 urban flats featuring studio to two-bedroom with den homes varying in size from 410 to 825 square feet. They're available for \$159,900 to \$299,900, so residents can own from as low as \$826 per month. There's something for everyone on offer here — set to be move-in-ready by summer 2018. The distinctive building was designed by Yamamoto Architecture, with interiors reflecting functional home layouts in two professionally designed colour schemes.

Luxury comes out in the details in the homes at VENUE. Feel the luxury of space in the open floor plans and nine-foot ceilings.

Feel quality in the materials used through-

TRANSPORTATION HUB

You know you're living in a great neighbourhood when all the essentials are a short walk, bus or drive away.

Located at the intersection of 108th Avenue and Whalley Boulevard in the heart of Historic Whalley, VENUE is the perfect home base, close to many shops, services and entertainment.

When you're looking to venture a little farther, walk just seven minutes to Gateway SkyTrain Station. The transit hub will connect you quickly and easily to Surrey's City Centre with all its shops and services,

as well as to hubs along the SkyTrain line including Metropolis at Metrotown mall.

All the amenities of downtown Vancouver are just a 30-minute ride away.

VENUE will be holding its Grand Opening this Saturday, April 30 from noon to 5 p.m. Come join the VENUE team for a block party on August 19 from 3 to 5 p.m. Snacks and beverages will be provided.

The VENUE presentation centre is open daily from noon to 5:00 p.m. at 114-10768 Whalley Boulevard. 604-581-8000; venuelife.ca.

**GRAND
OPENING**
SATURDAY, APRIL 30TH

URBAN FLATS: STUDIO - 2 BED & DEN

★★★★★

from

\$159,900 - \$299,900*

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noon-5pm*

- ★ 5 MINUTE WALK TO GATEWAY SKYTRAIN STATION
- ★ EASY ACCESS TO SIMON FRASER UNIVERSITY, DOUGLAS COLLEGE AND KWANTLEN POLYTECHNIC UNIVERSITY
- ★ SHOPPING CENTRE CLOSE BY
- ★ 2,100 SQ. FT. ROOF DECK TO ENTERTAIN YOUR FAMILY & FRIENDS



* This is not an offering for sale which can only be made with a disclosure statement. In our continuing effort to improve and maintain the high standard of Venue development, the developer reserves the right to modify or change plans, specifications, features and prices without notice. Materials may be substituted with equivalent or better at the developer's sole discretion. All dimensions and sizes are approximate and are based on Architectural measurements. Renderings are an artist's conception and are intended as a general reference only. Payment example of \$826 per month is based on a 5% downpayment, 25 year amortization, 3.68% interest rate, with a 24 month rate hold provided by a partner financial institution. Please refer to the disclosure statement for exact offering details. Sales and marketing by Fifth Avenue Real Estate Marketing. E.&O.E.

TENANT INSURANCE: WHY YOU NEED IT

"I don't have expensive stuff, so why would I get tenant insurance?"

Sound like something you might say? While you might not have expensive things, consider the following: if a fire broke out in your rental suite and destroyed your personal belongings, you would need to replace your essentials immediately.

"After a loss or damage to your home, costs can add up," says Jonathan Willoughby, senior manager underwriting of BCAA, which provides tenant insurance starting at one dollar per day. "If a fire broke out in your rental unit and destroyed your personal belongings, you may need alternative accommodation until alternate living arrangements can be secured."

A key feature of tenant insurance is the liability protection it provides, a reason why some landlords require it.

Many people underestimate just how costly other aspects of home damage can be,

Tenant insurance protects your basic needs: food and shelter, so you can replace your essentials immediately.

How much tenant insurance coverage



ISTOCK

you should purchase depends on the replacement value of your personal belongings. To determine the value, take stock.

- Make a list and keep a file of photos of your items, including receipts, purchase contracts and appraisals. Note the make

and model numbers of your belongings, especially home electronics and small kitchen appliances.

- In your list, it may be helpful to divide your personal belongings into categories. For items like clothing and shoes, count how many you have.

- Basics such as clothes, shoes, kitchen utensils and toiletries can add up, especially if you're buying them all at once. The value of your personal belongings may surprise you.

Your list will help you secure the right amount of home insurance coverage for your needs. Visit BCAA.com to learn more. Plus, save five per cent on BCAA's tenant or condo insurance online at www.bcaa.com/saveonline and up to 15 per cent for being a member.

Home insurance is sold through BCAA Insurance Agency and underwritten by BCAA Insurance Corporation. Conditions of coverage apply, as outlined in the policy wording booklet and declaration page. Some offer conditions apply. Offer is valid online, is non-transferable and applies to new condo and tenant policies only.

Switch to Quality Home Insurance



BCAA Home Insurance has been ranked "Highest in Customer Satisfaction among Home Insurers in Western Canada, Four Years in a Row" by J.D. Power.



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Insurance is sold through BCAA Insurance Agency and underwritten by BCAA Insurance Corporation. Some conditions apply. Offer is valid in store or by phone and applies to new policies only. To be eligible, you must have a current home policy with another provider (a copy of your current home insurance policy must be present at the time of redemption) and your current home insurance policy must expire between February 1, 2016–April 30, 2016. *BCAA received the highest numerical score among home insurance providers in Western Canada in the proprietary J.D. Power 2012–2015 Canadian Home Insurance Customer Satisfaction Studies™. 2015 study based on 7,466 total responses and measures satisfaction among 12 home insurance providers in Western Canada (AB, BC, MB, SK). Proprietary study results based on experiences and perceptions of consumers surveyed March–April 2015. Your experiences may vary. Visit jdpower.com.

FRONT ROW SEAT TO VANCOUVER

The Metro Vancouver region has many diverse and wonderful places to explore — mountains, forests, farmlands, cityscapes — but there are a few locations that are quintessentially Vancouver. Cambie Street is one of those rare spots.

Now a new collection of homes is giving home buyers a chance to live there in style. The Grayson, a collection of 58 concrete homes at 26th Avenue and Cambie Street will be opening the doors of its presentation centre to the public May 2016.

The Grayson's exquisitely crafted boutique residences were designed to match the sophistication and history of their west-side address.

The Grayson will mark the second community in The Cambie Collection by Pennyfarthing Homes, a succession of homes under development along the Cambie corridor.

The Grayson features "contemporary urban Vancouver architecture incorporating a distinctive brick façade with expansive glazing, well proportioned building elements,

meticulous detailing and selection of quality finishes to express a timeless aesthetic," says Raymond Letkeman, president of Raymond Letkeman Architects, the team that designed The Grayson.

The homes' interiors, designed by award-winning firm Cristina Oberti Interior Design, incorporate the building's stunning exterior elements into the homes, personalizing them with warm touches and luxurious interior details.

The homes incorporate Vancouver's outdoor livability by integrating indoor and outdoor living spaces with generous patios and open-air or enclosed balconies. Owners of select penthouses will be able to enjoy the spectacular views of Cambie Street and the cityscape from their rooftop patios.

From this convenient west-side address, buyers can explore all the riches the city has to offer. Residents will have incredible accessibility to the Canada Line SkyTrain, just a block away. Use it to access many of



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Vancouver's major hubs, including downtown Vancouver, the high-end Oakridge Shopping Centre, and the Vancouver International Airport.

Urban conveniences are within walking or biking distance. Enjoy the local markets, eateries and shopping all just a few steps down the street.

To learn more about this anticipated Cambie Street development and to gain early access, register with The Grayson sales team directly at (604) 558-1907 or online at thegrayson.ca.



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58

FINELY CRAFTED CONCRETE HOMES

ARRIVING MAY 2016



REGISTER TODAY

604.558.1907

TheGrayson.ca

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PART OF THE
CAMBIE COLLECTION BY
PENNYFARTHING HOMES

Located at Cambie Street & 26th Avenue on Vancouver's West Side, these spacious 1, 2 and 3-bedroom homes are a statement in refined elegance, uncompromising quality and masterful design. Some of the best views on Cambie Street are framed by expansive windows. Intimate outdoor patios and private rooftop decks exclusive to the luxurious Penthouse Collection create a seamless connection with one of Vancouver's most coveted neighbourhoods.

Pennyfarthing

BLVD

THE GRAYSON

A rental apartment that's ready for summer

A modern rental apartment should provide easy access to the lifestyle you want.

BlueSky Chinatown, a new rental apartment building in Vancouver's historic Chinatown, provides amenities that give residents the essential Vancouver experience.

Built by BlueSky Properties, part of the Bosa Family of Companies, BlueSky Chinatown offers studio, one-bedroom and two-bedroom homes available to rent now, starting at \$1,195 per month.

The price gets you a multitude of perks.

If you're sculpting those abs before your next trip to the beach, ditch your gym membership and use the 1,500 sq. ft. fitness centre, free for residents.

Or if you prefer to get your exercise outdoors, you'll appreciate BlueSky Chinatown's ample bike storage and its repair room, for your use. If you don't have a bike of your own, you can borrow one from the building.

Unlike many rental apartments in Vancouver, BlueSky Chinatown is pet-friendly. For those with canine best friends, the building has a designated Laundromutt™ Pet Washing Station, perfect for cleaning up



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after a run at the park.

After keeping fit and enjoying the outdoors, bring your friends over and entertain them in the lounge with kitchen and dining

room. The outdoor lounge with its outdoor theatre and fireplace is also the ideal spot to enjoy a post-ride drink and the stunning views.



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Say hello to Vancouver's premiere rental opportunity.

Centrally located in one of Vancouver's coolest neighbourhoods, BlueSky Chinatown is steps from some of the city's best restaurants, shopping and cultural sights. If that's not enough, here are more reasons to rent at BlueSky Chinatown:

- ✓ Brand new apartments with quality finishes and incredible views
- ✓ Pet-friendly
- ✓ LaundroMutt™ pet-washing station
- ✓ Fitness centre
- ✓ Outdoor BBQ terrace
- ✓ Indoor entertainment lounge
- ✓ Bike share, repair and storage
- ✓ In-suite laundry in each home
- ✓ BosaEQUITY program*
- ✓ Community garden plots

*See rental associate for details

Move in today! More info at bosa4rent.com/chinatown or call **604 897 3333**.

RENTAL CENTRE

183 East Georgia Street
(at Main Street)

Open daily for tours: Noon—6pm

BlueSky | **CHINATOWN**
PROPERTIES

BlueSky Chinatown is developed by Bosa Blue Sky Properties (Main) Inc. Renderings and features subject to change. See rental associate for details.

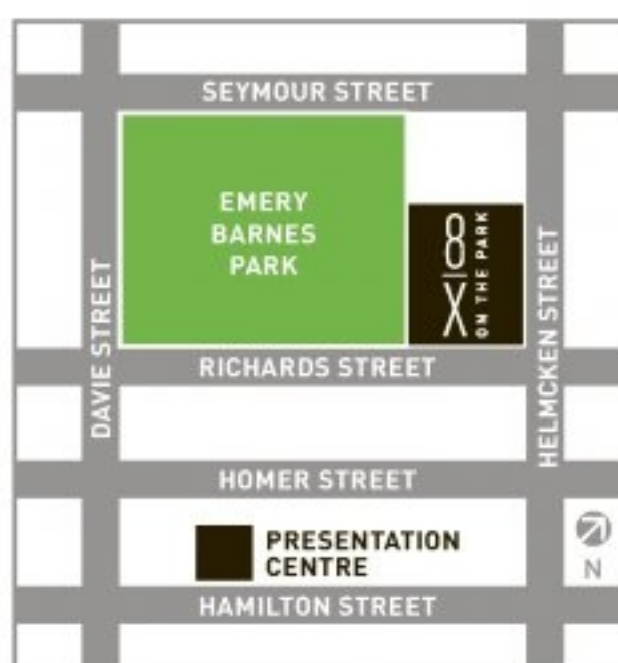


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CHANGE HOW YOU VIEW
DOWNTOWN LIVING.



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SYSTEMS**

ARRIVE HOME IN THE LAP OF LUXURY

Your home should feel like the most welcoming place in the world. Not just comfortable — lavish, which is the intention Ledingham McAllister had set for their newest community.

They are the developer of Escala, a new, audaciously designed 42-storey high-rise located near Gilmore SkyTrain Station in North Burnaby that will be open for sale on April 30.

At Escala, home buyers will experience lavish living every day, and opulence is woven into every detail.

Those design and quality distinctions start on the outside. You'll see Escala sparkling on the horizon long before you walk into the lobby.

The distinctively curved building, designed by the award-winning IBI Group Architects, is encircled by lush, manicured gardens and playful water features. It will be positioned adjacent to the accompanying low-rise collection, Terra.

Experience a grand sense of arrival when you enter the over-height lobby, with its fireside lobby lounge. An onsite, resident-only concierge will be ready and available to assist you.

Walk into your home and you'll be greeted by the spacious feel of the nine-foot ceilings. All tower residences are fully air conditioned to maximize your comfort.

The homes' designer colour palettes paint the home in a well-chosen mix of relaxing colours — the Dawn palette, a collection of light and vivacious shades, or the Dusk palette, a set of complementary rich, sophisticated tones. Escala and Terra have their own dedicated light and dark colour schemes.

The entry, kitchen and open living area include laminate flooring with the option to upgrade to engineered hardwood. In the bedrooms, the thick nylon carpeting provides a welcome soft surface underfoot when you get out of bed.

In the kitchen and bathroom, residents can take advantage of Caesarstone countertops with a tile backsplash, sleek faucets by Kohler, and stainless steel appliances, including a French door fridge, five-burner gas cooktop and oven by KitchenAid.

When it comes to the basic comforts of conveniences of home, Escala has residents covered.

Laundry is simple with the front-loading, energy-efficient Whirlpool washer and dryer. Space-saving walk-in or walk-through closets with shelving in the master bedroom provide a place to store your belongings neatly out of sight.

From its perch in Burnaby Heights, Escala offers some of the most compelling views



CONTRIBUTED

of the city, mountain and water — equally enjoyable through the expansive windows or from the generously large covered balconies or patios in every home.

Register today to become a priority VIP and be the first to receive notification of launch dates, promotions, and further information as it comes available.



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Five-star amenities

When you live at Escala, expect your guests to return frequently — the development's 15,000 square feet of hotel-inspired amenities make it a hub for fun and relaxation that's great to share with your friends.

As a resident, you're enrolled as an elite member of The Escala Club.

Get your morning exercise swimming lengths in the indoor pool, or work out in the private fitness room or yoga studio. Once you've worked out, head to the spa with its steam and sauna rooms.

Fun amenities are around the corner too. Grab that musical instrument you've been itching to play and bring it to the music room for a jam session.

Relax and have a drink at the stylish fire-side social lounge, cook in the state-of-the-art catering kitchen, and play on the billiards and ping pong tables. Or treat your friends to a screening in the private movie theatre.

When your guests stay, they will have access to the building's two private, hotel-style guest suites.

A DESTINATION NEIGHBOURHOOD

There's a place in Burnaby where the energy in the neighbourhood is palpable. Brentwood is a growing shopping and transit hub located in leafy, family-friendly North Burnaby.

"Home buyers and investors in Metro Vancouver want to be in the Brentwood area right now," says George Wong, of Magnum Projects who is marketing Escala. "The location of Escala was chosen strategically for its proximity to parks, shopping and Gilmore SkyTrain Station, which will take residents into downtown Vancouver in about 20 minutes."

Shopping is abundant nearby at Brentwood, a shopping centre that has become

a neighbourhood hub. It's now under development, expanding to offer more than 250 shops and restaurants.

Whole Foods, Save-On Foods and Winners are just around the corner. When you're looking for entertainment, you'll find it nearby in upscale casual restaurants Cactus Club and JOEY Burnaby. The Pear Tree on Hastings has been rated one of the best restaurants in Metro Vancouver.

Residents with kids will appreciate the proximity to schools, including Kitchener Elementary School and Alpha Secondary. BCIT is 10 minutes away by bus, and SFU is just 15 minutes away.



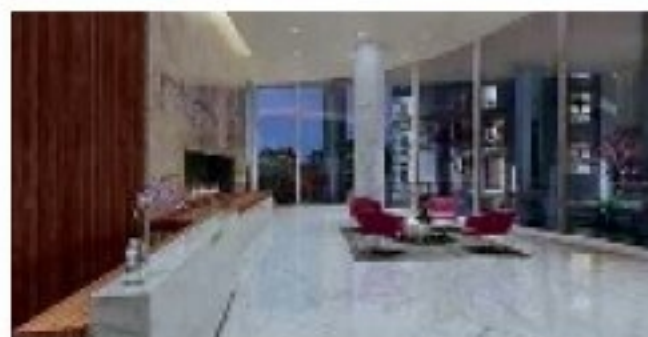
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Escala.

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A SECOND YALETOWN IS COMING TO BURNABY

ARTICLE BY CONCORD PACIFIC



Concord Brentwood delivers the vibrant energy, livability and urban conveniences that define great communities, lasting value, and sustained growth.

Urban Park, Urban Conveniences & Lifestyle Amenities

These are just some of the signature urban elements that one can enjoy in a Concord Pacific community. This spring, the renowned development company will bring its successful community development formula from Yaletown to Brentwood Burnaby.

"Concord Brentwood will transform an underutilized industrial area into a beautiful and diverse mixed-use park-side community that completes the exciting revitalization of the Brentwood Town Centre."

*Matt Meehan, senior vice-president of planning,
Concord Pacific Developments Inc.*

The future Village Central at Concord Brentwood will host an array of park-side cafes and restaurants.



George Wainborn Park in Yaletown. Concord Brentwood will be anchored by over 13 acres of park and green space.



Urban Fare Market in Yaletown. A new grocery store at Concord Brentwood means fresh produce is just an elevator away.





Concord Brentwood Phase 1 motor courtyard, central lobby concierge and 2 levels of amenities.



Future Village Central at Concord Brentwood

Yaletown High Style, New Town Livability

A 13 acre park the size of Yaletown's David Lam and George Wainborn Park combined. A vibrant Village Central which will host a brand new grocery store, park-side cafes, restaurants, service-oriented commercial retailers, plus a wide array of amenities including a swimming pool, sports court, fitness centre, and bowling alley --- just a few of the lifestyle and urban conveniences that one can find at Concord Brentwood. A proposal for a new public school is also in place, planned as part of the community. "This was planned closely with the City of Burnaby to be an extremely liveable family community," Meehan says.

"It is intended to round out the current mix of development in Brentwood and provide future residents a valuable park-side alternative. The green space will be developed as a combination of passive and sports/events programming with recreational infrastructure interlaced."

Matt Meehan, senior vice-president of planning,
Concord Pacific Developments Inc.

A Coveted Neighbourhood in Burnaby

The master-planned community, Concord's largest in Burnaby, will sit in the heart of Brentwood, south of Lougheed Highway between Beta and Delta Avenues, extending south past Dawson Street. Brentwood Town Centre and SkyTrain Station is less than 10 minutes walk. The new Whole Foods Market at the junction of Lougheed Hwy. and Willingdon Avenue, restaurants and other urban conveniences are within a short walk. Burnaby Heights is also just up Willingdon Avenue on Hastings Street. Here you can find charming cafes, European patisseries, local butcher shops and world-class dining venues such as the French restaurant, the Pear Tree.

This is a paid advertorial. All illustrations and renderings reflect the artist's interpretation only and are not accurate representation of the actual project. Actual suite interiors, exteriors and views may be noticeably different than what is depicted in photographs and renderings. The developer reserves the right to make modifications, substitutions, change brands, sizes, colours, layouts, materials, ceiling heights, features, finishes and other specifications without prior notification. Such details are governed by the applicable offer to purchase and agreement of sale, and disclosure statement. This is not an offering for sale. Any such offering can only be made with the applicable disclosure statements. Concord Brentwood Limited Partnership. E&OE.

Master of Architect Partners With A Master-Planned Community Builder

Designed by award-winning architects James K.M. Cheng and Walter Francl of Vancouver, Concord Brentwood will consist of 10 towers, most between 40 and 45 storeys tall. Tower 1 of Phase 1 will consist of 426 units on 45 storeys. Signature proposed exterior architectural elements include asymmetrical supporting pillars that extend approximately 38 feet from the ground, creating "a dynamic visual presence as well as architectural support for the tower," says Peter Webb, Concord Pacific's senior vice-president of development.

Tower 1's one to three bedroom homes will range in size from approximately 534 square feet to 1,239 square feet. Luxurious finishings and interior features will include fully integrated Bosch appliances, engineered-quartz countertops, marble tile backsplashes in shower surrounds and bathroom flooring, and wood grain laminate finish for closet organizers, door trim and interior suite doors.

"Most corner two and three bedrooms suites will have wraparound balconies with a unique sliding door system that seamlessly connects the indoor and outdoor space,"

Peter Webb, senior vice-president of development,
Concord Pacific Developments Inc.

Common-area features will include Wi-Fi in ground-floor lobbies and amenity areas, a building-wide water filtration system, EV parking stalls and 9 electric cars for sharing.

A central lobby concierge podium, shared between towers 1 and 2, will house two levels of amenities, including a fitness centre with yoga studio, grand lounge, games room, pet grooming room, theatre room, study rooms and a music room.

Concord Brentwood Phase 1 sales are set to open this spring. The Burnaby presentation centre, located in Metrotown, is now in its final construction stages and will soon open to the public. For information and to register for updates about the project, visit

www.ConcordBrentwood.com

Interesting Facts



Burnaby has one of BC's best school district and BCIT and SFU are less than 15 minutes drive from Concord Brentwood.



Burnaby's diverse economy is driven by sectors including technology, energy, telecommunications, TV and film (eg. Electronic Arts, HSBC Global Software Development Headquarter, Telus, Global TV).



Brentwood Burnaby is primarily situated at the centre of Metro Vancouver, connected by the Expo, Millennium and future Evergreen Line, 2 major Highways, and is less than minutes drive to 3 Town Centres.



Maclean's Magazine named Burnaby as one of "The Best Run City in Canada."



Burnaby boasts the highest jobs to workers ratio in Metro Vancouver.

Using home for a leg up

REVERSE MORTGAGES

Borrowing from property is a way to ride the tide

Brent Jolly

Recently widowed and with two teenage children living at home, Christine Dodds, who did not want her real name used, was caught in what she calls "financial quicksand."

At 56, she was laid off from her job as a paralegal and had very little retirement savings to tap into. Although there was the possibility of a new job on the horizon, her financial stress was compounded by another family emergency, which left her desperate for cash.

"I needed help," she said. "I've never lived a lavish lifestyle. I've always been frugal, but life just happened."

What Dodds did have working in her favour, however, was that she lived in a home in Toronto that she estimated to be worth over a million dollars. She also wasn't carrying a mortgage.

House rich, but cash poor,

Dodds says she realized her best option was to take out a reverse mortgage on her home.

"I was desperate, I was left with little other choice at that point," said Dodds, who got her reverse mortgage through HomeEquity Bank's Canadian Home Income Plan (CHIP).

A reverse mortgage is a financial arrangement which provides applicants with a mortgage loan secured against the value of a home. Reverse mortgages are only available to people over age 55 with enough equity in their home to borrow against it.

According to Yvonne Ziomecki, senior vice-president of marketing and sales for HomeEquity Bank, customers can get about 20 to 55 per cent of their home's value through a reverse mortgage.

That spread depends on several variables, including the home's location, the client's age, the condition of the property, and its type.

Among the key advantages of

taking out a reverse mortgage: customers can continue to live in their home and the money they receive is tax free.

In Dodds' case, she was able to secure a lump sum payment of \$300,000, which was the maximum amount she was allowed to withdraw given her age. "Using the equity in my home got me through my time of emergency," she said.

While the choice to take out a reverse mortgage was a virtual no brainer for Dodds, it isn't a financial strategy that should be used liberally, says Sherry Cooper, chief economist for Dominion Lending Centres.

"Reverse mortgages should only be considered as a measure of last resort for a short-term fix," said Cooper. "They should be sought out only when consumers have no other options."

Cooper airs on the side of caution with reverse mortgages as they can be both expensive and difficult for people to fully understand.



With a reverse mortgage you can live in your home and the money you receive is tax free. ISTOCK

APPS

The facts at your fingertips

Buying a home in Vancouver's red-hot real estate market can feel a bit like chasing your tail — you check out a house, fall in love, figure out your financing, make an offer...and then lose it to one of the multiple bidders. To make your home-buying process easier, here's a roundup of the best apps to help you navigate the home-buying process — from finding the home of your dreams, to figuring out whether you can afford it.

Ready Set Home Mobile App

Developed by the Canada Mortgage and Housing Corporation (CMHC), this tool walks prospective homeowners through the process of purchasing a property. It offers both mortgage affordability and payment calculators, and you can set up a profile to track the properties you're considering, along with their various features (a finished basement or charming deck, for example). It will, of course, let you know if you need to purchase CMHC mortgage loan insurance and how much that will set you back as well. Additional features include a glossary of mortgage terms, and plenty of articles on topics related to home ownership.

HomeOpeners App

Genworth Canada offers this app with mortgage and affordability calculators (plug in your income, debt payments, interest rate, etc. and it will tell you how much home you can manage). It's geared to real estate industry professionals, but it's easy to use and anyone can download it. There's also a mortgage insurance premium calculator that lets you know what it will cost if you need to get Genworth's mortgage loan insurance.

Homestyler Interior Design App

Can't figure out how to decorate that new living room or bedroom? Upload a photo of the room, plug in its measurements and then try out different furniture, flooring or paint colour options.

CAMILLA CORNELL



Homeowner beware the second time



Only consider a second mortgage in extreme and unusual circumstances, like if you lose your job, or have an illness. ISTOCK

Putting a second mortgage on your home is not a decision to take lightly, says James Laird, president of national mortgage broker CanWise Financial. "The first thing to think about here is whether you should opt for a second mortgage at all," he said.

To be clear, a second mortgage is an additional loan you take out on a property that is already mortgaged. "It's not a completely separate mortgage for a cottage or second home," said Laird.

That makes it riskier for the lender, because if you default on your loan, the home will go into foreclosure. "But the first money out will go to pay back the lender of the first mortgage," said Laird. Only after he has been 100 per cent repaid, "does the second mortgage provider get a single dollar."

"So the holder of the second mortgage is going to be quite concerned that you will not have the money to repay him in full," he explained.

To compensate for this extra risk, you pay higher fees

and interest costs for a second mortgage, and you may have to jump through a few extra hoops. Here's what you need to know before you take the leap.

When should I consider a second mortgage? Only in extreme and unusual circumstances, says Laird, such as when a marriage breaks up, you lose your job, or illness sets in. "It would not be prudent to use it to put a pool in the backyard, or buy a cottage," he said.

Even if your intent is to spend money to make money, by say, putting in a basement apartment to generate income, Laird is leery. "You'd have to look very closely at the cost of the investment versus the potential income generated by the investment," he said. "The rent that you would receive would have to be very strong to cover the cost of borrowing for the second mortgage."

How much will I pay in fees and interest? That's a function of three things: the amount of equity you have in your home (it provides security for the loan),

your personal credit (it's an indicator of how likely you are to repay the debt), and your household income (because you can't get blood from a stone).

Unlike in the case of a first mortgage, you'll usually pay a fee of one to two per cent of the loan amount to set up a second mortgage (say \$100 to \$200 up front on an extra \$10,000).

Your interest rate will be considerably higher too — probably between six and 13 per cent, compared to 2.4 to 2.9 per cent for fixed-rate first mortgages. "The higher the risk, the higher the rate," Laird said.

A fairly low-risk borrower in the world of second mortgages, might be someone who has a \$50,000 mortgage on a \$100,000 home and wants to borrow an extra \$15,000 to pay off the credit card. The problem: he has just lost his job.

Even with the second mortgage, this borrower still owns 35 per cent of his home outright. "He might get a rate of around six per cent," Laird said.

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MLB-worst Atlanta was mired in a 15-game home-run drought and had hit only three longballs before Freddie Freeman's Wednesday

Ovi's the yin to Sid's yang

NHL PLAYOFFS

Polar opposites to clash 7 years after their first post-season tilt

The two faces most responsible for bringing the NHL full-throttle into the 21st century are inextricably linked. Sidney Crosby and Alex Ovechkin get it, even if they'd rather not talk about it.

Their simultaneous arrival following the 2004-05 lockout served as the league's version of a winning lottery ticket. Yin and yang on skates. Crosby the ever-polite Canadian with the otherworldly skills drafted by Hall of Famer Mario Lemieux and brought to Pittsburgh to help rescue a franchise in tatters. Ovechkin all snarling id, a hard-hitting, hard-shooting Russian born in Moscow near the tail end of the Cold War and brought to the U.S. to work a few blocks from the centre of the free world.

"Sid and Ovi were perfect for the game to take off and appeal to a younger demographic," Penguins forward Beau Bennett said.

Yet the rivalry that has simmered around them, the one that will pick up on Thursday when Ovechkin and the Washington Capitals host Crosby and the Penguins in Game 1 of the

Eastern Conference semifinals, has been largely relegated to jersey sales and scoring titles. They've only met with so much on the line once in 11 seasons: a brilliant showdown in the conference semifinals in 2009, the one that ended with the Penguins moving on after a Game 7 blowout on their way to the Stanley Cup.

4.57M

The 2011 Winter Classic between Washington and Pittsburgh drew 68,000 to Heinz Field and the largest TV audience (4.57 million) to watch an NHL regular-season game in 36 years.

At the time, it seemed as if seeing Crosby's blurring No. 87 across the ice from Ovechkin's bullish No. 8 would become an annual rite of spring, a patchy playoff bearded version of Brady vs. Manning. Crosby was 21 back then. Ovechkin only 23, their primes still in the offing.

When the puck drops Thursday night, it will be 2,542 days since Crosby's first-period goal ignited a 6-2 rout in the decider that provided an oddly anticlimactic end to an electrifying 12-day stretch that included hockey's biggest stars trading hat tricks in Game 2 and a trio

of overtime finishes. The memory still resonates in Pittsburgh nearly as much as the Penguins' eventual triumph over Detroit in the Cup finals.

In Washington, not so much. "It's history," Ovechkin said. "I don't like to look back. I'm looking forward."

"Right now, it's a new challenge and a new moment in our life."

Maybe it's fitting that they only meet again now with both back at the peak of their considerable powers.

Crosby spent the better part of two seasons recovering from concussion-like symptoms that began with a blindside hit from Washington's David Steckel in the 2011 Winter Classic.

Ovechkin's path has been healthier but no less pock-marked after clashes with a string of coaches while developing a reputation for petulance that former Washington teammate Chris Clark — the captain on the 2009 team — feels is no longer deserved.

"He's been a lot more accountable," Clark said. "I think he gets a bum rap that way. He plays so much, but I think his defence and his accountability and his leadership I think has been the biggest change."

THE ASSOCIATED PRESS

Go to metronews.ca for more NHL playoff coverage.



In their only playoff matchup against each other, Sidney Crosby's Penguins beat Alex Ovechkin's Capitals in seven games. THE ASSOCIATED PRESS FILE



The Islanders' Casey Cizikas checks Valtteri Filppula of the Lightning during Game 1 of their Eastern Conference semifinal on Wednesday. CHRIS O'MEARA/THE ASSOCIATED PRESS

NHL PLAYOFFS

Tavares leads Isles in busting down Bolts

Shane Prince scored twice during a three-goal first period and John Tavares had a goal and an assist in the New York Islanders' 5-3 victory over the Tampa Bay Lightning on Wednesday night in Game 1 of their second-round playoff series.

Taking up where he left off in helping the Islanders advance beyond the first round for the first time in 23 years, Tavares assisted on Travis Hamonic's goal that erased an early deficit and later scored his sixth post-season goal on a blistering shot

GAME 1 In Tampa, Fla.



from the left circle to give New York a 4-1 lead midway through the second.

The Islanders needed overtime to get three of four victories against the Florida Panthers in the opening round. This one was never seriously in doubt after New York wiped out the 1-0 lead Tampa Bay took on Ondrej Palat's goal just over three minutes into the game.

Tampa Bay pulled to 4-3 on third-period goals by Nikita Kucherov and Valtteri Filppula before Cal Clutterbuck's empty-netter sealed the victory in the final minute.

Thomas Greiss, who won one

game in overtime and two in double overtime against Florida, finished with 33 saves for the Islanders. They were outshot 28-10 over the last two periods.

Game 2 is Saturday at Amalie Arena.

Lightning goalie Ben Bishop was superb in allowing no more than two goals in any of Tampa Bay's five games against Detroit in the opening round. He yielded four in 13 shots to the Islanders before he was replaced by Andrei Vasilevskiy.

THE ASSOCIATED PRESS

CHAMPIONS LEAGUE

Atletico put Bayern on edge in Europe

An early goal by youngster Saul Niguez gave Atletico Madrid a gritty 1-0 victory over Bayern Munich in the first leg of their Champions League semifinal on Wednesday.

The 21-year-old Niguez cleared three defenders before entering the area and hitting a low, well-placed shot into the far corner in the 11th minute. Diego Simeone's tough defence then took over and Atletico held on for an important victory at the Vicente Calderon Stadium.

A draw next week in Germany will be enough for Sim-

SEMIFINAL 1st leg



eone's side to reach the final for the second time in the last three seasons.

THE ASSOCIATED PRESS

MLS IN BRIEF

Detroit moguls look into bringing in soccer franchise

MLS is eyeing the site of a suspended jail project as a possible home for a new soccer team in Detroit, part of a massive downtown development that would be built in the same area where the Tigers, Lions and Red Wings play.

MLS commissioner Don Garber and Cleveland Cavaliers owner Dan Gilbert were in Detroit on Wednesday to promote the plan. Gilbert and Pistons owner Tom Gores are trying to bring a team to the city.

Odoro earns Impact a point

Dominic Odoro scored

in the opening seconds of stoppage time and Montreal escaped with a draw against New York City FC.

Timbers toppled by OG

Portland's own goal in the 89th minute gave the New England Revolution a 1-1 draw with the Timbers on Wednesday night.

Kelyn Rowe had a long volley to the far post that JeVaughn Watson tapped out front where it appeared Femi Hollinger-Janzen converted for his first MLS goal. However, it was ruled that the ball went off Portland defender Jermaine Taylor. THE ASSOCIATED PRESS



WHITECAPS FIT TO BE TIED Whitecaps defender Kendall Waston, left, vies for the ball with Sporting Kansas City midfielder Connor Hallisey on Wednesday night at BC Place Stadium. Despite a red card assessed to Waston left the Whitecaps to finish with 10 men, the local side hung on for a 1-1 draw. Christian Bolanos scored for Vancouver, while Diego Rubio tied it for Kansas City. JONATHAN HAYWARD/THE CANADIAN PRESS



eNORMous contribution

RAPTORS BACK TO INDIANAPOLIS

Game 5 spark plug displaying attributes of a clutch player

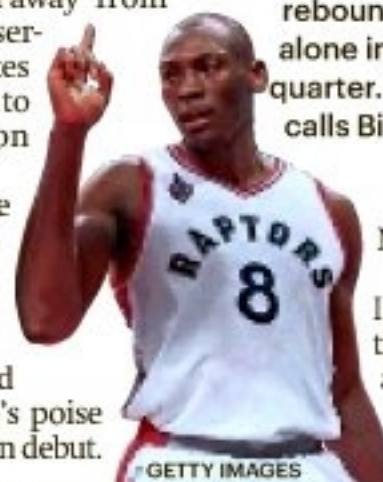
Norman Powell says he's been dreaming his entire life of playing in the spotlight on the NBA's biggest stage.

There was zero sign of stage fright Tuesday night, when the Raptors rookie swiped the ball off Pacers star Paul George, and took flight for a massive one-handed dunk. The huge play was a turning point in Toronto's Game 5 win over Indiana. And it came as no surprise to his teammates.

"When I first worked out with him in the gym, his mindset, his competitive nature, he didn't care who you were once you were on that court," DeMar DeRozan said of Powell. "He's had my respect since then."

The 22-year-old UCLA product was a big part of the Raptors' fourth-quarter comeback that has them a win away from clinching the series. Toronto takes a 3-2 series lead to Indianapolis on Friday.

Powell, whose dunk lit up Twitter — with the hashtag "WeTheNorm" — has played with a veteran's poise in his post-season debut.



GETTY IMAGES

“We’re going to play that game as if it was Game 7 and that’s just the mindset.”

Bismack Biyombo who had 16 rebounds Tuesday — seven alone in that massive fourth quarter. Coach Dwane Casey calls Biyombo “the spirit of our team.”

Nerves? There are none.

“No, I just told myself I put in the time, I put in the work, to go out there and play basketball,” Powell said Wednesday. “It’s a big stage

that I’ve dreamed of being on my whole life, and to go out there and to prove to people that I belong on this stage, that I belong in the NBA — that’s my whole mindset, (since) the day I was drafted.”

Powell, who finished with 10 points, four rebounds and two steals, admitted he briefly considered what kind of dunk to do when he was barreling toward the basket.

“There were so many different dunks I was thinking about doing,” Powell said. “I kind of overthought it and the ball slipped out of my hand a little bit going up for the dunk.”

DeRozan joked that Powell “was going to get cussed out if he missed.”

“But he made it, he made it.”

THE CANADIAN PRESS

NBA PLAYOFFS

Hornets stun Heat with 3rd win in a row

Courtney Lee was steaming after missing a layup that would have given Charlotte the lead heading into the final minute.

His anger didn't last long. Miami's will last for a while. Lee's three-pointer with 25.2 seconds left put the Hornets ahead to stay, and Charlotte beat the Heat 90-88 in Game 5 of their Eastern Conference first-round series Wednesday night.

The Hornets have won three straight games in the series, and will take a 3-2 lead into a potential Game 6 clincher on Friday night.

Miami thought Dwyane Wade was fouled with 2.6 seconds left, then thought they fouled Cody Zeller in an effort to send him to the line as time was running out. Neither call came, and the Heat are on the brink of elimination.

GAME 5 In Miami



Marvin Williams led the Hornets with 17 points, while Al Jefferson and Kemba Walker each had 14 for Charlotte — which got its first road playoff win in 14 years. Jeremy Lin added 11. Wade scored 25 for Miami, while Luol Deng had 15, Joe Johnson added 13 and Hassan Whiteside finished with 11 points and 12 rebounds.

THE ASSOCIATED PRESS

NBA

Lakers given the OK to interview Walton

The Los Angeles Lakers received permission from the Warriors to interview top assistant Luke Walton for their coaching vacancy.

Golden State coach Steve Kerr said Wednesday before Game 5 of the playoffs against Houston that Lakers general manager Mitch Kupchak contacted Warriors GM Bob Myers, who said Walton could interview once the first-round series is done. The Warriors held a 3-1 advantage in the best-of-seven series going into Wednesday.

“Mitch has called Bob and we’ve told Mitch he’s perfectly welcome to talk to Luke as soon as this series is over and we have a little break,” Kerr said.

The 36-year-old Walton, who won two championships during his nine seasons playing for the Lakers, guided defending champion Golden State to a record 24-0



Luke Walton and NBA coach of the year Steve Kerr

GETTY IMAGES

start this season while filling in for Kerr when the coach was on a leave of absence following complications from two back surgeries. Overall, Walton was 39-4 while Kerr was out, and he finished eighth in coach of the year voting. THE ASSOCIATED PRESS

'I'm ready to make this my job'



Boston College defensive lineman Mehdi Abdesmad, of Montreal, chases Massachusetts quarterback Blake Frohnapfel during an August 2014 NCAA matchup. THE ASSOCIATED PRESS

NFL

Pundits believe up to five Canadians may be drafted

Mehdi Abdesmad will be the last to know if he's taken in the NFL draft.

The draft, which begins Thursday in Chicago and runs through Saturday, will be on TV at Abdesmad's family home in Montreal, but he won't be glued to the set. The Boston College defensive lineman plans

to stay busy with other activities, keeping his phone near to answer the call from any team selecting him.

"(The draft) will be in the background but my family and friends and I will be playing games or something," Abdesmad said via telephone. "You don't want to just sit in front of the TV."

"That would be a more nervous thing so you try to do something else."

If Abdesmad, the lone Canadian invited to this year's NFL combine, watches the draft, it will be the first round Thursday.

"I'd like to see where some of the guys I know will end up," the 24-year-old said.

The second and third rounds go Friday, with the final three being held Saturday. All seven rounds will be broadcast live by The NFL Network.

Abdesmad is one of five Canadians who could be drafted

this year. The others include Iowa receiver Tevaun Smith, defensive lineman David Onyemata of the Manitoba Bisons, Trent Corney of the University of Virginia and Michigan State cornerback Arjen Colquhoun.

If all Canadians are selected, it would be the most ever. Four Canadians were taken in 2014 after four players with roots in Canada went in 2012, including American-born Regina Rams defensive lineman Akiem Hicks.

Smith said he will be watching the draft.

"I watch it every year," he said. "Now, it's like a whole TV show so it will still be cool to watch."

"After Saturday, I should know what's the next step for me, whether it's getting drafted, getting picked up as a free agent or going to the CFL. It will definitely be a relief just finally figuring out what exactly I'm going to do." THE CANADIAN PRESS

4

The most Canadians selected in a single NFL draft (2014).

MLB

Navarro comes back to haunt Blue Jays

Catcher Dioner Navarro was an asset for the Toronto Blue Jays last season behind the plate.

Now with the Chicago White Sox, he used that knowledge to pick apart his former team.

Navarro, who was Blue Jays starter Marco Estrada's battery partner for most of 2015, and Austin Jackson had back-to-back triples in a three-run seventh inning on Wednesday night as Chicago completed a three-game sweep in Toronto

WEDNESDAY In Toronto

4 0
WHITE SOX BLUE JAYS

with a 4-0 victory.

"Obviously he caught me last year, he did a really good job with me," said Estrada after the loss. "I threw him a good change-up down and away

and he hit it. Just tip your hat to that, there's nothing else I could have done."

"I threw the ball exactly where I wanted it and he put a good swing on it."

Navarro insisted he wasn't looking for Estrada's change-up.

"I never think," said Navarro.

"I just go out there and try to see the ball the best I can and just try to put the big part of the bat on the ball. That's my approach all the time."

Navarro's impact was also felt defensively as he guided White Sox starter Jose Quintana (3-1) through six innings of work, striking out 10 and allowing just four hits against a potent Toronto lineup.

Relievers Zach Duke, Nate Jones each pitched an inning for Chicago (16-6) before closer David Robertson came in for the ninth. The White Sox have won six straight.

THE CANADIAN PRESS



Dioner Navarro celebrates his two-run triple on Wednesday in Toronto. TOM SZCZERBOWSKI/GETTY IMAGES

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IN BRIEF

Nintendo plans sale of Mariners' majority stake

Nintendo of America plans to sell its controlling stake in the Seattle Mariners to a group of minority owners led by John Stanton, who would become the team's chairman and chief executive officer.

Current chairman Howard Lincoln announced the intended transaction Wednesday along with his plan to retire from day-to-day oversight of the franchise. THE ASSOCIATED PRESS

Lawton wins in extra end

Stefanie Lawton scored one point in an extra end for a 5-4 victory over Allison Flaxey in the early draw Wednesday at the Champions Cup curling event. Lawton threw at an 81 per cent clip while Flaxey struggled at just 67 per cent. THE CANADIAN PRESS

Toronto's Wolfpack take lonely road in English rugby

Toronto's newest team is the Toronto Wolfpack, which plans to play in the third tier of English rugby league come 2017.

The Wolfpack will be based in England for the most part, playing home games in three-week chunks at Lamport Stadium in Toronto's west end.

Rugby league is the sport's lesser-known 13-man code, as opposed to the 15-man rugby union version. THE CANADIAN PRESS

Olympic flame passed off to Rio Games organizers

The Olympic flame was handed to organizers of the Rio de Janeiro Games in Athens on Wednesday, 100 days before the opening ceremony in Brazil. THE ASSOCIATED PRESS

RECIPE Grilled Shrimp Guacamole Salad



PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

We think any recipe that has guacamole in the title rates high, but if it also features shrimp and comes together in a snap then we call that one a winner.

Ready in

Prep time: 10 minutes
Cook time: 10 minutes

Ingredients

- 200g raw shrimp
- Olive oil
- Salad leaves
- 1 avocado, diced
- Handful of cherry tomatoes, cut in half
- Cilantro, chopped to garnish

For the dressing:

- Juice of 1 lime
- 1 tbsp extra virgin olive oil
- ½ clove garlic, crushed
- 1 jalapeno pepper, diced (optional, if you like a bit of heat)

tional, if you like a bit of heat)
• Salt and pepper

Directions

1. Toss the shrimp in a little bit of olive oil and salt and pepper. Either put the shrimp on skewers and place on a hot barbecue grill, or put a cast iron griddle on the barbecue and cook the shrimp in the hot pan. For both methods, cook the shrimp for only a minute or so on each side – just until the shrimp is pink. Set aside while you make the salad.

2. Artfully arrange the salad leaves, avocado, and tomatoes on a plate – it'll taste the same either way, really. Whisk the dressing ingredients together and season to taste. Drizzle dressing over salad and put shrimp on top. Garnish with the fresh coriander.

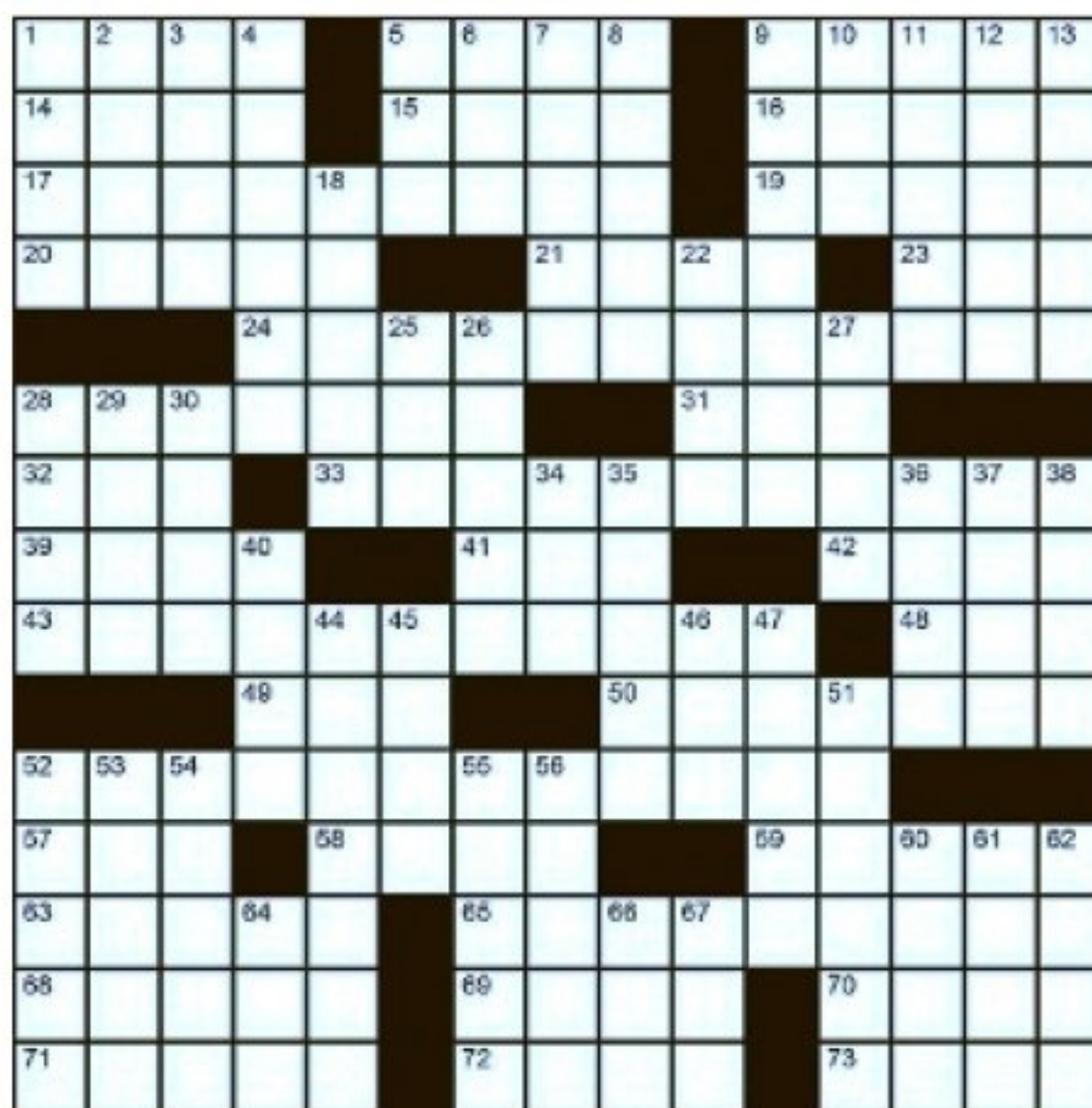
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Spouse
5. Show snippet
9. Mr. Potato Head stick-ons
14. Panache
15. Drove
16. Spiritless, to Shakespeare
17. The Guess Who's 'tart' tune: 2 wds.
19. Brian Bowman's job in Winnipeg
20. Bristly hairs
21. Jai _
23. Can. borderer
24. As per #33-Across... Composer of 1875 opera Carmen: 2 wds.
28. "The Fresh Prince of Bel-Air" star Alfonso
31. Sportily succeed
32. 'Meth' suffix
33. The Canadian Opera Company's production of Carmen is currently on stage at the _ Centre for the Performing Arts, in Toronto
39. Belonging to the Pittsburgh Steelers org.
41. -Fi's front
42. Me, she or him [abbr.]
43. Gleaming bird of prey: 2 wds.
48. Parisian summer
49. Prefix to 'culture' (Beekeeping)
50. As per #24-Across... French author of the novella Carmen on which the famous opera is based, Prosper _ (b.1803 - d.1870)
52. Backyard furniture



57. Ms. Ortiz
58. Part
59. Bay window
63. David's Goliath-slaying weapon
65. Siren sounder
68. Madonna's "Evita" (1996) role, Eva _
69. Fleck

70. Genuine
71. Retailer's establishment
72. Built-up talk
73. Thailand neighbour

DOWN

1. Clutter
2. _ vera
3. Pulled tightly
4. Anger
5. Grand _ (Wine classification)
6. Law, in Laval
7. Luggage's 'label': 2 wds.

8. 16th-century English dramatist George
9. Country in southwest Africa where Windhoek is the capital city
10. Granny: German
11. Russian spacecraft
12. Irregularly edged
13. Fender guitar,

- familiarly
18. " _ _ I care!" (Go ahead!)
22. "Even _ _ speak..."
25. Gold: Spanish
26. Awaken
27. Clouseau's li'l rank
28. Called
29. Data
30. Canadian telecom company
34. Elvis' label
35. 18th Greek letter
36. City near Provo, Utah
37. Memo
38. Snick-or- _
40. Mount Rushmore state, _ _
44. Table centerpiece with tiered bowls
45. Robert De _
46. Floral necklace
47. Mr. Flynn
51. Canadian newspapers/TV magnate Mr. Asper (b.1932 - d.2003)
52. Bee-ish bugs
53. Cove
54. Setting in 'The Mummy' flicks
55. Wear florals with checks, perhaps
56. Like health store 'hearts'
60. Early person of Peru
61. Canyon lingerer
62. Permits
64. Hide _ hair
66. Jazz style
67. Sport- _ (All-purpose vehicle)

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Warning! Your relations with authority figures — bosses, VIPs, parents and teachers plus the police — will have some surprises and possible conflicts today. Tread carefully.

Taurus April 21 - May 21
Travel plans will be cancelled, delayed or rescheduled today. Surprise news might affect you, especially regarding publishing, legal or medical matters. School plans might be rescheduled.

Gemini May 22 - June 21
Make sure that you know what's happening with inheritances, insurance issues and anything regarding shared property, because something unexpected will impact these areas today.

Cancer June 22 - July 23
Relations with partners and close friends are a bit dicey today. Someone might demand more freedom in the relationship. Or this person might surprise you in a different way. Be ready for something unexpected.

Leo July 24 - Aug. 23
Your work routine will be interrupted because of computer crashes, canceled meetings, staff shortages or broken equipment. Allow extra time for wiggle room to deal with this.

Virgo Aug. 24 - Sept. 23
This is an accident-prone day for your kids or children you work with; therefore be wise and be extra vigilant. Social occasions and sports are also subject to cancellations and accidents.

Libra Sept. 24 - Oct. 23
Small appliances might break down today or minor breakages at home could occur because something will interrupt your daily routine. Likewise be patient with sudden requests from family members.

Scorpio Oct. 24 - Nov. 22
This is an accident-prone day for your sign, so pay attention to everything you say and do. Be alert. (The world needs more people who are alert.)

Sagittarius Nov. 23 - Dec. 21
You might find money today; you might lose money. Keep an eye on your possessions as well, because this is an unpredictable day.

Capricorn Dec. 22 - Jan. 20
It's a crapshoot today. The Moon is in your sign, dancing with wild, wacky Uranus. This might make you obsessed with something unusual. (Lighten up.)

Aquarius Jan. 21 - Feb. 19
You will feel restless today. Don't worry about this, because many people feel this way today. Fear not; this feeling is gone by tomorrow.

Pisces Feb. 20 - March 20
A friend might say or do something that surprises you. Alternatively, you might meet someone who is a real character, because this is not a boring day.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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